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Thursday, March 19, 2015

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Inside



1920s ball
raises £8k
for charity

Page 2



Reason for
crash still
not known

Page 8



Arriva axes
unprofitable
bus service

Page 11

■ **Animal antics** pay off on Red Nose Day: **Comic Relief round-up p6&7**



TOWN LEFT IN LIMBO OVER STREET LIGHTS

Deadline for county to decide yes or no passes without a resolution

Gemma Gardner

gemma.gardner@hertessexnews.co.uk

A DEADLINE for County Hall to decide if it will accept Harlow Council's offer to pay for street lights to be switched back on has passed.

The local authority is offering to pay Essex County Council £100,000 to keep the lights on between midnight and 5pm.

To pay for the switch on Harlow Council has increased its council tax share by 1.5 per cent – around 7p a week for the average household.

On Friday, Harlow councillors gave the county council until 5pm to decide if the move could go ahead.

But Essex County Councillor Rodney Bass, cabinet member for highways and transportation, responded to the deadline by saying: "We are reviewing the proposal and will respond in due course."

Decision

Harlow Council leader Jon Clempner said: "We're simply asking for a yes or no decision. It's as simple as that. We've made the



IN THE DARK: Local officials have no idea whether the county council will agree to switch the lights back on
Pic: Vicki Lince

lights back on."

Speaking in radio interview on Friday, Cllr Clempner said he was expecting a response from County Hall on either Tuesday or Wednesday – any later would be "cutting it fine".

He accused County Hall of "riding roughshod over the democratic views of the people of Harlow".

As the Star went to press yesterday (Wednesday) County Hall had not reached a decision.

Cllr Clempner said: "The deadline wasn't arbitrary, it was about coming to an agreement in prin-

SHINE SOME LIGHT
ON THE ISSUE...

■ Is switching streetlights back on a good idea? Comment at:
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ciple, and we can sort out the detail with council officers to get them turned on by the beginning of the financial year in April."

He added: "For me the absolute deadline is getting the lights switched on at the beginning of

■ Turn to page 3

Robert Halfon MP
Working Hard for Harlow



**Bringing jobs
back to Harlow**

Frank Bruno joins Robert Halfon
at his Harlow Jobs Fair

- Harlow unemployment has been halved and apprenticeships are up by 106%.
- Robert Halfon helped secure £10m of Government funding for a brand new pre-apprentice Sir Charles Kao University Technical College (UTC).
- Robert fought for the new Harlow Enterprise Zone, which will create over 1,000 jobs.

Promoted by Simon Carter on behalf of Harlow Conservatives all of Kao Hockham House, Edinburgh Way, Harlow, CM20 2NQ

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IN THE PAPER



Party pushes breast cancer trials charity over £2m mark

Full story page 5

Army officer Jack proves he's a winter ski warrior



Full story page 45

REGULARS

Your Views	4
Education	13
Announcements	
Rangers Club	16-17
Golf	18
Sport	19-26
	45-48

NEXT WEEK
in your Harlow Star

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Man in hospital after stabbing in The Stow, Harlow

Virgin Health Club to close and become Pure Gym

Cases of scarlet fever to peak in next few weeks

CCTV released after criminal damage to Audi TT car in Harlow

Police release efit of man who accosted teenager in Harlow

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Chancellor calls Halfon Parliament's champion of fuel tax cuts

CHANCELLOR of the Exchequer George Osborne hailed Harlow MP Robert Halfon as Parliament's "great champion for cutting fuel duty" during his Budget speech yesterday (Wednesday).

Mr Osborne told a packed House of Commons he was cancelling September's planned rise in fuel duty.

And referring to Mr Halfon's long-running petrol price crusade, Mr Osborne said: "Families and businesses not just in Harlow but across the UK have felt the benefit of his efforts and energy."

"We inherited fuel duty rises from Labour but since 2011 we have cut and frozen fuel duty so that a typical motorist saves around £10 when they fill up."

Security

"Cutting tax is a key part of our long-term economic plan that is delivering greater economic security and a better future. I am delighted to be listening to Rob again at this Budget and cancelling Labour's planned September rise this year too."

Among other measures announced by Mr Osborne in his last Budget before the General Election were the abolition of National Insurance contributions for employing under 21s, a review into business rates, a cut in Corporation Tax, an increase in the National Minimum Wage and a cut in beer duty which will knock 1p off a pint.

Mr Halfon said: "This is a Budget for families which will carry on bringing jobs back to Harlow, for lower taxes for lower earners, and helping with the cost of living."

"I particularly welcome the news that September's planned rise in fuel duty has been cancelled which is something I have campaigned on for a long time, and will benefit families and businesses across Harlow."

97,125 people visited our website in February

Helping families with charity ball



DRESSED UP:

Event
organiser Sara
Evans with
husband Gavin
JB Photography

Gemma Gardner

gemma.gardner@hertsessexnews.co.uk

event on Saturday evening.

Sara said: "I wanted to raise this money so that more families can benefit from the kind of support which brought some happiness to our family when we needed it most, which is why we're so grateful to the people and organisations who helped us make the event happen."

The Great 1920's Charity Ball at Hunters Meet, sponsored by housing provider Places for People, raised almost £6,000 for the charity, which helps makes wishes come true for children with long-term and life-limiting conditions and their families.

With an additional donation from bank Santander, the charity is on its way to raising a grand total of £8,000.

The money will help a number of families in the Harlow area.

Ball organiser and Kisses4Kids trustee, Sara Evans, who first got involved with the charity when her daughter Evie, now four, was in and out of hospital with a variety of lung and heart conditions relating to her prematurity was determined to make the event a success.

Guests were treated to dinner, live music, comedy and a casino at the

event on Saturday evening.

Sara said: "I wanted to raise this money so that more families can benefit from the kind of support which brought some happiness to our family when we needed it most, which is why we're so grateful to the people and organisations who helped us make the event happen."

From small local Facebook businesses donating raffle prizes, to The Complete Entourage and JB Photography who donated their services free of charge and of course the incredible backing provided by Places for People and The Hunters Meet. The total raised has far exceeded our expectations."

Disneyland

"We are keen to send two families to Disneyland this year and help create lots more happy memories for families going through difficult times, so this money will go towards making all this possible. We cannot thank people enough for all their support."

Mary Parsons, group director at Places for People, said: "As an organ-

isation we always strive to make a difference, so when we were approached to sponsor this event being organised by Kisses4Kids, a charity doing so much to help local families when they need it most, we had to say yes."

"It was a wonderful night and we hope the money raised will make a big difference to the lives of many families going through difficult times."

Kisses4kids was established by Stacy Johnson, who having spent long periods of time as a teenager in hospital battling an inoperable brain tumour, wanted to do something to ease the boredom and brighten the lives of children and young people who had experienced illness and their families.

Since becoming a registered charity in 2008, the Much Hadham-based charity has touched the lives of hundreds of children and their families across Essex, Hertfordshire and London.

People wishing to donate to Kisses4kids can text Kiss44£ followed by the donation amount to 70070, or via

www.justgiving.com/kisses4kids.



E-fit of suspect in accosting incident

A MAN who made comments described as "inappropriate" to a 16-year-old girl on a bus and then touched her hair is being sought by police who are treating the incident as an accosting.

Two men started speaking to the girl at the bus terminus in the town centre. She then followed them on to a bus.

It was while the vehicle was travelling along Velizy Avenue that one of the men made the comments and touched her hair.

The incident happened at 4pm on Wednesday, February 11.

Police have released an e-fit image of one of the men, who is described as white, aged 40-50 and bald. He was wearing what looked like a sailor's hat, a zip-up top over a blue T-shirt and a woolly hat.

The second man is described as white, aged 40-50 with short grey hair. He was wearing dark blue jeans, a zip-up jacket and a woolly hat.

Anyone who recognises the man in the e-fit is asked to call Harlow Police Station on 101 or Crimestoppers on 0800 555111.

New police appeal over Stow assault

DETECTIVES investigating an attack in Harlow which left a man with serious facial injuries have renewed their appeal for witnesses.

The victim, who is in his 50s, needed surgery on the injuries he sustained in the assault which took place in The Stow at about 10pm on Saturday, February 28.

Three teenagers – a 15-year-old girl, a 16-year-old girl and a 19-year-old man – were arrested a few hours after the incident. They were released on bail until May 29 while the investigation continues.

Anyone who witnessed the assault or has any information about it is asked to call PC Jo Snell at Harlow CID on 101.

Victim of stabbing in stable condition

Resident reports being woken by screaming and shouting



SCENE: An area of Great Plumtree was taped off while police officers carried out house-to-house inquiries

William Mata

william.mata@hertsessexnews.co.uk

A MAN is recovering in hospital after being stabbed in Harlow on Tuesday night.

Police and paramedics were called to a wooded area linking Great Plumtree with Doverhouse Croft shortly after 10.30pm after receiving reports that a man had been stabbed.

The victim, a man in his 20s, was taken to Princess Alexandra Hospital where his condition yesterday (Wednesday) was described as stable.

An area of land between Great Plumtree and Doverhouse Croft was taped off for more than 12 hours but was reopened yesterday at about 1pm.

No arrests had been made as the Star went to press.

One resident of Doverhouse Croft said: "I was woken up when I heard screaming and shouting, but I didn't think anything of it as there are lots of kids in the area."

"There were police cars at both ends of the road and officers came knocking around midnight. They were around all night and it didn't help that the street-

lights turned off on them, meaning they had to work by the headlights on one of their cars.

"I didn't expect it at all as this is usually a quiet area. It's frightening."

A Great Plumtree resident added: "The whole section was cordoned off, including the cycle track. I had to go a different route when I went shopping. The police have been around here all morning."

Anyone with information about the incident should contact Harlow police on the non-emergency 101 number or Crimestoppers on 0800 555111.

Deadline passes over streetlight switch-on

■ from front page

April. The deadline was about allowing council officers to sort out the detail of how we deal with changes to electricity prices [and] the duration of the deal.

"It is still do-able if we get a decision by Tuesday or Wednesday but anything after that, they'll have to be some serious questions asked."

In January, members of the Harlow authority voted to raise its share of the council tax by 1.5 per cent to raise the £10,000 needed to turn the lights back on between midnight and 5am.

Later it was revealed the switch-on could cost £121,000 but no figure has been confirmed by the county council.

Harlow Council carried out a review

of the lighting policy during its budget consultation last summer. It said the result showed widespread public support for the move.

County Hall introduced the part-night blackout, which affects more than 70 per cent of street lights across Essex, to save £6.5 million by 2020 and to reduce carbon emissions and light pollution.

Clr Clempner has assured residents that if County Hall turn down their offer, the administration would consult with the people of Harlow about how the money should be spent. He said a refund could be "problematic".

Opposition leader Cllr Andrew Johnson said the whole situation had been handled badly by the Labour admin-

istration.

"It's starting to look like it was knocked up on back of a cigarette packet," he said. "They didn't do their research beforehand, didn't speak to cabinet member and didn't do their sums right." He added: "There are serious questions to be answered. If the two councils can't reach agreement, will residents get their money back?"

Clr Johnson said he had "little faith" over the council's consultation process as more than 80 per cent of people who responded to the budget survey wanted a council tax freeze.

"If the light switch on doesn't happen the council owe taxpayers in Harlow £100,000," he said.

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Too few jobs to go round

SIR I am writing with regard to the article about people claiming benefits (Star, March 5). I find the fact that young people in our town cannot find work very sad.

I was very lucky to have been a teenager in the 1990s and had a Saturday job at the age of 13 which I kept all the way through school and college. When I left college I got a full time job.

I even went to Australia when

Rev Dennis Nadin
Willowfield, Harlow

It is not due to being work shy, there are simply not the jobs here. Why is this? Can someone please elaborate?

Clare Harrison
The Lawn, Harlow

Street lights are good value

SIR Street lights are good value for money.

The spring edition of Harlow

I was 21 and when I returned I walked straight into a well-paid job. I was brought up in a culture when we could walk in and out of work; employment was easy back then.

Now, as a woman in her forties, I have found it extremely hard to find work since 2011. All I have had is zero hour contracts; minimum wage full time jobs do not cover your rent and bills. Something is wrong with our economy if we cannot pay the living wage in Harlow.

I empathise with the young people in Harlow. It is demoralising that we cannot find employment in our own town or surrounding areas.

Our annual fundraising campaign was an opportunity to urge people to raise money to continue to fund the vital research needed to fight heart disease.

Times states Essex County Council is responsible for about 10,500 street lights in Harlow.

The proposed increase in council tax to raise £100,000 to pay for the lights to stay on between midnight and 5am works out at £9.52 per annum (100,000 divided by 10,500) or 2.6p a night for each street light (952 divided by 365).

I feel somebody has got a very good deal.

M.C. Cheeseman
Broadway Avenue, Harlow

Our heartfelt thanks to all

SIR On Friday, February 6, thousands of people around the UK took part in 'Wear it, Beat it' for the British Heart Foundation and joined us in the fight for every heartbeat.

Our annual fundraising campaign was an opportunity to urge people to raise money to continue to fund the vital research needed to fight heart disease.

We were not disappointed. We

England raise funds by wearing red and hosting a red-themed event in support of us. To all these people I would like to extend a big red thank you!

We are hugely grateful for the funds raised so far, which will go towards supporting the 2.3m people in the UK currently living with coronary heart disease.

If you took part and still need to pay in your donations, please visit bhf.org.uk/pay-in or call us on 0300 330 0645. Every penny raised makes a huge difference.

Donna Spriggs Elliot
Regional head of volunteer fundraising
British Heart Foundation

£1 charge for permit to park

SIR I am writing to say how naive Harlow Council is being about parking permits.

My carer has a concession permit so only he can park, not my friends or family unless I pay £1 for a daily visitor's permit.

It is not the money that I am stressed about, it is the thought of paying £1 to see them when they stay for about four hours.

This has happened because I don't drive so I cannot visit them. Being disabled, I cannot catch a bus or train.

I would like to know if anyone else has the same problem.

P.A. Gower
Wedhey, Harlow

Why not use cycle paths?

SIR Having read the story about cyclist Dave Sherry (Star, March 12), I would like to know why he and lots of other cyclist use the roads when we have a very good cycle track network in Harlow.

These tracks enable cyclists to get around the town without the need to use roads.

My husband is keen on cycling but wouldn't dream of using busy roads when there is a cycle track.

Also, is it not dangerous for Mr Sherry to take his concentration off the road while looking out for car drivers to do something wrong? Surely that is what we have police for.

Pat Ivory
address supplied



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ROBERT HALFON MP - WORKING HARD FOR HARLOW FIGHTING FOR HARLOW MOTORISTS...

- Robert successfully campaigned for a cut and a four year freeze in Fuel Duty, saving the average motorist £11 every time they fill up their car.
- NHS Trusts have been instructed to cut the cost of Hospital car parking, after Robert fought hard against unfair charges and the lack of concessions.
- Robert is now fighting on behalf of residents hit by unfair parking fines at private car parks in Harlow, such as the NCP at Harlow Town Station.

“Robert Halfon has kept up pressure on the Government to bring petrol prices down. He is a real champion of the people.”

Promoted by Simon Carter on behalf of Harlow Conservatives, all of Kao Hockham House, Edinburgh Way, CM20 2NQ.



Shock as town gym transfers to new owner

Virgin Active to close at the end of this month

William Mata

william.mata@hertessexnews.co.uk

MEMBERS of a popular gym in Harlow town centre have reacted with shock at the news it will close at the end of this month and re-open under a different owner.

The Virgin Active Health Club, at The Water Gardens, will close its doors at 2pm on March 31.

The centre will re-open under the banner of national chain Pure Gym, although no date for that has been announced and a message on Virgin Active's website says it will be closed for "some time".

A statement released by Virgin Active said: "We are continually reviewing our portfolio of clubs to make sure we remain highly competitive and best support the long-term growth of the business. As part of that process we have decided to close our Harlow club.

"We understand and apologise for the impact this will have on

members."

It adds: "The club will be closed for some time while Pure Gym refit to meet their business requirements."

Among the facilities at Virgin Active is a swimming pool and some users have expressed concern that it will be removed after a Pure Gym spokesman said on Friday: "We don't have swimming pools in any of our gyms purely to keep costs low."

Fitness

Pure Gym's website says its premises operate 24 hours a day and are monitored by CCTV linked to security staff. Users have the choice of more than 200 pieces of fitness equipment.

According to one instructor who runs fitness classes at Virgin Active, all instructors received a text message informing them their services would no longer be needed at the end of the month.

A disgruntled Virgin Active

member told the Star: "They can't just give two weeks notice; if I did that to them they would take me to court. It's also another facility that's been lost in Harlow and it's a terrible way to treat people."

Harlow's Labour parliamentary candidate Suzy Stride said she was concerned about the impact on staff and members.

"There are a number of questions that I don't think have been adequately answered," she said. "What is going to happen to the members? Will they be repaid anything owed to them? When will this money be repaid? Will Virgin Active pledge to do all they can to help any staff being made redundant into further work?

"It is especially important, given the age group of most of those who work there, that they be helped into employment as quickly as possible and not just offered transfers to other Virgin gyms that are too far for Harlow staff to travel to."

Party pushes breast cancer charity over £2m



FUNDRAISING for a breast cancer charity set up in 2003 has now topped £2m after the latest event – a Cuban-themed party – boosted the coffers by a further £20,000.

More than 200 people enjoyed Saturday night's celebration at The Manor of Groves hotel in aid of breast cancer clinical trials at Harlow's Princess Alexandra Hospital and St Margaret's Hospital in Epping.

Amanda Barr, who was one of the party organisers, said: "We were so thrilled to pass the £2m

mark. It was already a fantastic party and when we realised we'd done it the place went wild."

Sawbridgeworth hairdresser Amanda, who was diagnosed with breast cancer in 2001 and given the all-clear eight years later, has raised more than £100,000 for the cause. She has climbed Kilimanjaro, trekked in Cuba and Peru and walked the Great Wall of China.

Joining the fun was PAH associate specialist Ashraf Patel, who said: "I'd like to say a huge thank you to everyone who has

supported us over the past 12 years, joining a trek, run, bike ride, abseil, sky dive or sponsoring a friend."

Amanda is a great friend to the charity and has been a big part of raising this incredible amount, so it was fantastic to cross the £2m milestone at one of her events."

He added: "We rely on donations to continue our important work to improve our understanding and find out how to prevent, diagnose and treat different kinds of breast cancer."

Elderly at risk from effects of dehydration

HEALTH professionals in west Essex are using Nutrition and Hydration Week to raise awareness of the need to drink more fluids and eat well.

Various projects are running throughout this week to ensure people are aware of the importance of eating a balanced diet and drinking enough fluids.

Harlow GP Dr Rob Gerlis, chairman of West Essex Clinical Commissioning Group, said: "Older people are especially at risk of becoming dehydrated which could lead to other health issues such as constipation or infection."

"We are working closely with partners on our

older people's programme to provide advice and guidance to carers, care home staff and health professionals, as providing people with the right nutritional plan for their needs can help avoid unnecessary admissions into hospital."

Essex GP Dr Sarah Zaidi, lead advisor to South Essex Partnership NHS Trust's frailty programme which runs in west Essex, said: "Dehydration in an older person can be very serious and can cause constipation, urinary tract infections, dizziness, low blood pressure and confusion which can increase risk of falls, as well as increasing risk of pressure ulcers."

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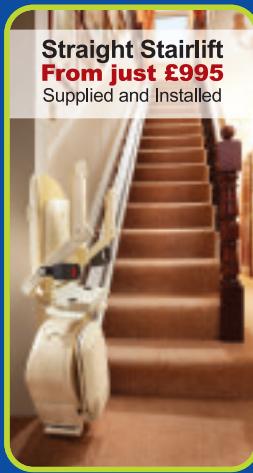
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TANGLED WEB: Aidan Coy at YCT House

CMGM20150313A-084.C



LOOKING A PICTURE: Olivia Doughty paints Graham Hendrick's face at YCT House

wmCMGM20150313A-087.C



EARNED HIS STRIPES: Christopher Smith at YCT House

CMGM20150313A-089.C

**WERE YOU FUNNY
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For more photos from Red Nose Day, visit our website

harlowstar.co.uk



RED CHEEKS TOO, PLEASE: Chloe Webb paints YCT director Lindsay Fox's face

CMGM20150313A-093.C

RED NOSE DAY: Residents raise cash in everything from sports to pet grooming

Laughs and fun in aid of good causes

William Mata

william.mata@hertsessexnews.co.uk

FUNDRAISERS were left rosy-cheeked after a day raising money for Comic Relief.

After 30 years of Red Nose Days, the combined total for charitable movement passed the one billion pound mark this year, with Harlow playing its part in something big on Friday.

Dog grooming parlour Cass's Canine Clips, in Colt Hatch, Harlow, raised £282.60 through holding a sponsored groomathon.

Dressed up

Manager Stuart Lapping, 37, said: "It went really well, we did about 20 dogs in total. All the girls dressed up as cats and dogs, and it was a really good day."

"We wanted to do as many dogs as possible so we didn't charge as much. Usually we would only do around ten in one day. It was good fun."

One charity to benefit from the work of Comic Relief was YCT House, which held a day of fun to celebrate.

YCT, in Maddox Road, provides



PET PROJECT: Cass's Canine Clips, Colt Hatch, Harlow; back row, Elena and Leanne Beckwith; front row from left, Cass Beckwith, Catherine Tranter, and Lynsay Caudle, with Wag

Pic: Vikki Lince HEvl20150313A-606.C



ON YOUR MARKS: Left to right, Toby Palmer, teaching assistant Danielle To and Grace Johnson at Pear Tree Mead Primary School in Harlow

Picture: Kerigh Palmer HEkp20150313A-966_C

idents for face-painting and drawing.

Sally Gubb, YCT operational manager, said: "It was a really

lovely occasion. The face-painting went down really well and it was great for the special needs students to mix with other students

from the college."

Staff and pupils at Pear Tree Mead Primary School also got into the spirit with a sponsored

day of sport. Children dressed up in red, wild and wacky costumes to compete in the fundraising sportsathon.

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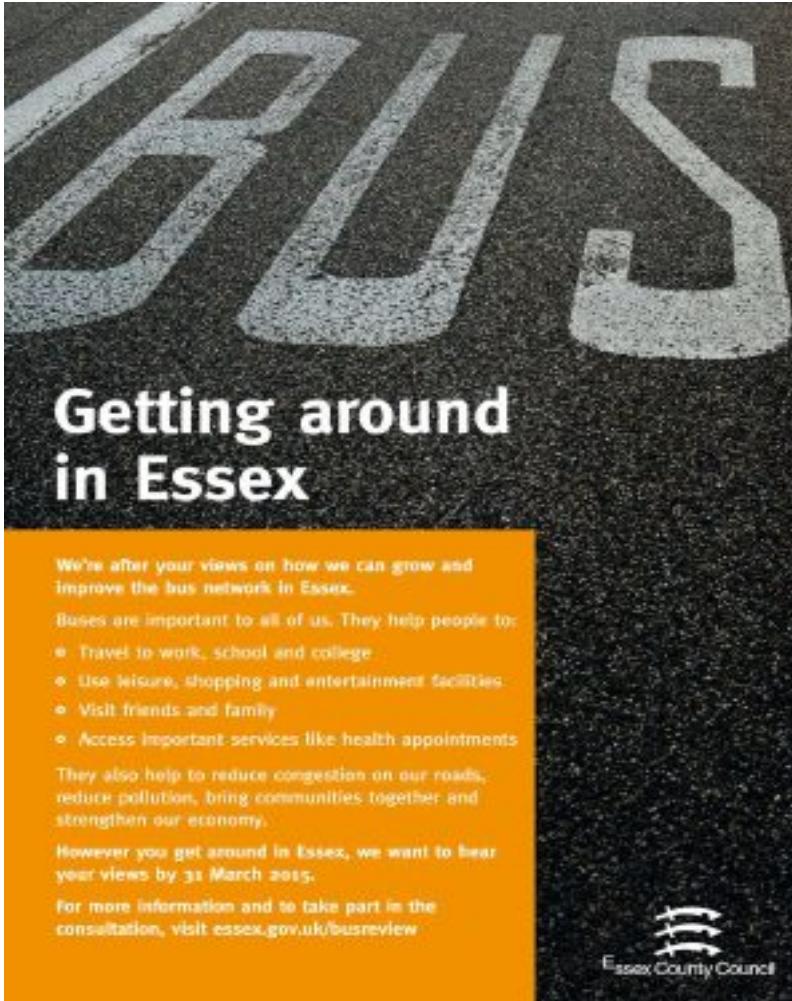
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CRASH SITE: Forensic experts examine the wreckage of the Yak-52 aircraft which crashed into a field last March. Right, the Star's report in the April 3 edition



Investigators fail to solve mystery of aircraft crash

Harlow man died when plane ploughed into field

Gemma Gardner

gemma.gardner@hertsessexnews.co.uk

AN official investigation into a plane crash which killed two people – one of them a young father from Harlow – has been unable to determine why the light aircraft ploughed into a field.

Pilot Andrew Sully, 50, who lived in Writtle near Chelmsford, and passenger Simon Chamberlain, 29, of Harlow, died when the Yak-52 plane nose-dived into a field by the side of the A414 at Cooksmill Green on March 29, last year.

A report prepared by investigators from the Air Accidents Investigation Branch and released on Thursday said the aircraft was spotted flying low before it was seen to climb sharply and enter a stall or spin.

The plane, which had taken off from North Weald Airfield, did not recover and plummeted to the ground, said the report.

When Mr Sully, a first officer with British Airways and a former RAF pilot who served in the Gulf War, arrived at the airfield he had not intended to take anyone with him on the flight.

However, he met Mr Chamberlain, who was volunteer secretary and a trustee of the airfield museum, and offered him the opportunity to join him for the flight.

The report said that five minutes after taking off the aircraft was seen flying at low level.

"Having carried out a level turn, the aircraft climbed sharply and entered a stall or spin from which it did not recover before striking the ground," it said.

"The reason the aircraft was flying at low level and the cause of the final manoeuvre could not be determined."

Passers-by reached the crash site soon after the accident but



PILOT: Andrew Sully

were not able to approach the wreckage of the plane because of a severe fire.

The AAIB report said plane's engine was running when it crashed but the possibility that there was a significant loss of power could not be ruled out because the investigation was hampered by components being destroyed in the fire.

It added that Mr Sully suffered from diabetes but a post mortem examination revealed nothing that could have contributed to the accident.

At the time of the accident Mr Chamberlain was married with a 19-month-old son. A family tribute, released through police, said his wife, Lizzie, had lost "her best friend and soulmate".

Peter Gardner, chairman of the North Weald Airfield Museum and a close friend of Mr Chamberlain, said the report made "sad reading".

"As you read through it you can visualise being in that aeroplane," he said. "If things were going wrong then both of them in that aircraft knew that things were going wrong."



PASSENGER: Simon Chamberlain

"I think there's regret that they have not been able to come up with a definitive answer on what happened."

"We accept that because circumstances say that no answers can ever be found."

"Simon just adored flying. He would go up in anything, which is the tragedy of what happened. I suppose the only thing you can say was he died doing something he loved."

Christine Sully, the mother of Mr Sully, added: "From what I can make out the report sounds like a fair assessment but his death is still very confusing to us, as Andrew was a fantastic pilot."

"His death is still quite raw to us and it has left such a huge gap in our lives. He had a very loving family and we got to see Andrew a lot before he died."

"Unfortunately these things happen and it's terrible that someone was with him at the time. This man had a family too, we feel very sorry for them."

The Yak-52 is a Soviet aircraft which was originally designed as training plane for civilian aerobatic and military pilots.

Appeal to trace relatives of accident victim

POLICE investigating a road accident in Leicester in which a motorcyclist died are trying to trace his relatives who they believe may be living in Essex.

Officers carrying out enquiries on behalf of the coroner are hoping to trace the next of kin of 50-year-old Jeffrey Howell, who was killed in a collision between a motorcycle and a car on March 9.

Mr Howell suffered serious injuries and was

taken to the Leicester Royal Infirmary where he subsequently died.

It is believed that Mr Howell, who was born in Antwerp, Belgium, may have relatives living in either Essex or Kent.

Anyone who can help Leicestershire police with their enquiries should contact Detective Constable Seamus Burns at Leicestershire Police on 101.



CEREMONY:
Left to right,
Rev Joan
Browne, Dr
Qamar
Abbas, Rev
Marion
Williams and
the Bishop
of Barking,
the Rt Rev
Peter Hill

Bishop leads service for hospice chaplain

THE new chaplain of St Clare Hospice was officially licensed during a ceremony led by the Bishop of Barking.

The Rt Rev Peter Hill also blessed the hospice during the service to welcome Rev Marion Williams, whose ordination as an Anglican deacon took place in June last year.

"I have been called quite late to the priesthood but always knew my calling lay in helping people and that this is what God had planned for me," she said.

"My role here at the hospice is very varied, from sitting with patients and their loved ones at the end of life or giving prayer and advice when needed. It is responding to that spiritual need and to those questions in all of us."

She added: "Although I am a Christian and I represent the Church of England, I am available to those of any faith or none."

The service was held in the Sanctuary, an area of the hospice set aside for prayer, quiet reflection and contemplation.

Blessings were also given by interfaith minister Rev Joan Browne and St Clare's deputy medical director Dr Qamar Abbas.

Joanna Petts, St Clare's patient and family support manager, said: "In times of need, Marion is here to walk beside patients and families on their journey."

"There might be questions, fears, regrets and hopes, or just searching for meaning. Our chaplain is here to listen so strength can be found."

Fine flytippers on the spot for dumping waste

MPs call for fixed penalty notices for culprits

William Mata

william.mata@hertessexnews.co.uk

fact file



April 2014 - January 2015

- Fly tips 1,866
- Enforcement action 1,812
- Prosecutions 0
- Fines 0

April 2013 - April 2014

- Fly tips 1,892
- Enforcement action 1,005
- Prosecutions 0
- Fines 0

April 2012-April 2013

- Fly tips 1,608
- Enforcement action 1,036
- Prosecutions 4
- Fines £4,300

Source: Harlow Council

ous items of flytipped rubbish he found during a short walk round the Little Cattins, Taylifers and Summers area of town.

"Recently there has been a metal fence in a ditch, broken-up bikes, bags of cement, broken glass, large pieces of wood, an old bed, a sofa, large bags hanging from trees, cans of oil, cupboard drawers, twisted metal and much more, all chucked around the paths and green wedges around Water Lane Primary School and the estate," he wrote.

"The amount of litter in general is appalling. This used to be a nice area that everyone cared for, but unfortunately it's now a tip. It's a complete eyesore for all."

Earlier this year, the Country Land and Business Association, which represents the interests of thousands of farmers, land-owners and rural businesses across the eastern region, backed calls for organised illegal waste operators' vehicles to be seized and crushed.

CLA East regional director Ben Underwood said: "Waste regularly blights the countryside and fly-tipping is a serious issue for rural landowners."

"On average it costs £800 to clear up each incidence of non-toxic fly-tipped waste on private land and it costs the rural business sector up to £150m in clean-up costs every year."

The CLA has called for culprits to be dealt with more robustly for years."

notices can be issued instead as this would save the council time and I'm sure would act as a deterrent to those fly-tipping."

He said every incident of fly-tipping is investigated by officers to find evidence of who may be responsible but information from eyewitnesses was key to support the case.

In a letter to the Star, Harlow resident Mark Rowe listed numer-

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Anger at Arriva over decision to axe bus service

Loss-making route to stop running in May

William Mata

william.mata@hertsessexnews.co.uk

A BUS service used by passengers as a link to travel from Harlow into central London is to be scrapped as part of a cost-cutting measure.

Bus operator Arriva's 505 route, which connects Harlow with Chingford and passes through Waltham Abbey, will run for the last time on Saturday, May 9.

The 505 is the only bus on the route but is being dropped after Arriva said the hourly service was unsustainable.

Richard Lewis, marketing manager at Arriva, said: "I can confirm that our 505 service between Harlow, Waltham Abbey and Chingford will run for the last time on May 9 due to insufficient use being made of it."

"Like all bus companies we are a commercial business that is required by law to run profitably but, unfortunately, the number of people using the 505 has not been enough to cover the cost of providing the service."

"This is a situation that can no longer be sustained. We are unable to run at a loss and, therefore, we have had to take the decision to withdraw the service."

Dennis Nadin, a member of the Harlow Bus Users Group, said passengers who used the service would miss it as it is one of the ways to get into London.

"Pensioners can use their pass



UNSUSTAINABLE: Arriva will stop running its 505 service in May

to change at Chingford and then go into central London," he said. "I don't think there is another way to do it by bus."

He added: "If there are no regular buses then people won't use them. Nobody is going to wait 50 minutes for a bus when they've got a car."

Lifeline

make the service every two hours," she said. "To cut it out completely is disgusting and completely wrong."

However, it is still possible that another operator will take over the route.

A spokesman for Essex County Council said this week: "We are aware of the cancellation and are currently carrying out an impact assessment."

"Other operators have expressed an interest in replacing the service."

"This will be confirmed in due course."

Cases of scarlet fever set to peak

AN increase in the number of reported cases of scarlet fever across the country has sparked a warning to parents, schools and GPs to be on their guard.

Since the beginning of the year more than 1,200 new cases have been reported, according to Public Health England and, as the bacterial illness is seasonal, incidents are expected to peak in the next few weeks.

It has already been reported that the number of scarlet fever cases in Essex are the highest since records began.

Scarlet fever is a highly contagious bacterial illness that causes a distinctive pink-red rash, sometimes on the tongue, which feels like sandpaper to touch.

Dr Theresa Lamagni, PHE's head of streptococcal infection surveillance, said: "Scarlet fever is a seasonal disease and this is the time of year when the highest numbers of cases are typically seen."

"Given that the scarlet fever

season should peak within the next few weeks, we should see a reduction in numbers soon, but in the meantime substantial numbers of people will continue to be affected."

"GPs as well as schools and nurseries should be mindful of the current high levels of scarlet fever and promptly inform local health protection teams if they become aware of cases, especially if more than one child is affected."

"Parents can play a key role in recognising when their child needs to be seen by their GP."

Last year 14,000 cases of scarlet fever were recorded in the UK, the highest total since the late 1960s. In the first six weeks of this year, 1,265 new cases were recorded.

Dr Lamagni added: "As scarlet fever is highly contagious, children or adults diagnosed with scarlet fever are advised to stay at home until at least 24 hours after the start of antibiotic treatment to avoid passing on the infection."

The symptoms



■ It's important to remember that most cases of scarlet fever are mild and are resolved within a week providing the correct medication is administered.
 ■ Symptoms include a sore throat, headache and fever.
 ■ Between 12-48 hours a fine pink rash can appear, which will feel like sandpaper to touch, often starting on the chest or stomach. It can spread to the ears, neck and other parts of the body and it can be itchy.
 ■ Other symptoms could be a flushed face or swollen tongue.
 ■ If you think you, or anyone in your family, has scarlet fever contact your GP straight away.

African-themed evening to raise funds for foodbank

AN African-themed dinner and dance evening to raise money for Harlow Foodbank will be held next month.

Organiser Ben De Souza, 45, of Potter Street, is encouraging people to dress in traditional African Kente cloth for the fundraising event at the Park Inn Hotel, in Southern Way, on Saturday, April 4.

"I'm really looking forward to the event as we have a lot of people coming down," he said. "The food is being provided by an African caterer."

Mr De Souza, who is of Ghanaian ancestry, said most of the £30-a-head tickets had been sold but there were still a few available. For more details call 07940 654088.

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Election rivals agree on role of apprenticeships

Tory and Labour politicians praise training schemes

William Mata

william.mata@hertsessexnews.co.uk

APPRENTICESHIPS were on the agenda for Harlow's political rivals when young people were encouraged to consider different choices in their pursuit of a career during National Apprentice Week.

Harlow MP Robert Halfon and his Labour rival, parliamentary candidate Suzy Stride, made their voices heard in promoting a comeback for traditional form of on-the-job training.

Mr Halfon served as co-chairman alongside Labour peer Lord Glasman on The Commission of Apprenticeships. It was set up in April last year with representatives of the Conservative, Labour and Liberal-Democrat parties as well as experts from business, industry and education to examine the power and potential of apprenticeships in the UK.

Last week it published its final report which concluded with a series of recommendations. These included Government support for an apprenticeship charter awarded to employers who demonstrate commitment to high quality learning, the opportunity for all 14-16 year-olds to take a vocational subject alongside academic study, and the inclu-



sion of two "influential" local employers to the governing bodies of all secondary schools.

Mr Halfon said: "I have a passionate belief in apprenticeships and it was a great opportunity to work with Lord Glasman on this report.

"I want the culture change in our country so that doing an apprenticeship is regarded as even more prestigious than going to university. That is why I employed the first ever full-time parliamentary apprentice."

The report found there was overwhelming support among parents for the idea of apprenticeships, with 92 per cent believing them to be a good option.

Three-quarters believed the number of young people signed up as an apprentice should be higher than the current figure of seven per cent.

Mr Halfon added: "Apprenticeships are the answer to transforming our skill base in Britain and equipping our young people with the tools needed for the 21st century."

Meanwhile, Miss Stride praised Harlow College for promoting what she described as the "important practice" of apprenticeships.

Speaking after meeting students on the vehicle maintenance and repair course, she said: "Through my work with young people I have seen at first-hand the

importance of apprenticeships, which act as a bridge between the training environment and the working world, opening doors of opportunity for employability.

"It is great to see, in the heart of Harlow, a college dedicated to this work, really making Harlow the hub of apprenticeships. It offers varied and exciting opportunities to learn, gain skills and enter the competitive world of work through apprenticeships. They should be applauded."

Harlow College runs a number of apprenticeship schemes, giving students the chance to gain a qualification while earning money at the same time.

Traveller ban to be discussed at public meeting

A PUBLIC meeting to discuss future plans for tackling unauthorised traveller encampments across Harlow will be held in the Civic Centre this evening (Thursday) at 7.30pm.

The meeting has been called by Harlow Council to outline the process which resulted in it being granted a landmark interim High Court injunction to prevent travellers setting up illegal camps.

There will also be a discussion on existing powers for public authorities and site provision across Essex.

Among those expected to attend the meeting, which will be chaired by council chairman Jon Clempner, are Harlow MP Robert Halfon, Chief Superintendent of Essex Police Sean O'Callaghan and Councillor Roger Hirst, cabinet member for planning and the environment at Essex County Council.

Future

"Now we have the interim town-wide injunction in place, I believe the time is right to hold a public meeting where residents and businesses can find out more about the injunction, future plans and ask questions," said Cllr Clempner.

"Finding a long-term solution to deal with unauthorised encampments has been a top priority since the summer and residents and businesses have played a key part in reminding everyone of the impact this issue has had on the town.

"For a long time we have been unable to talk about the legal action we were planning and we know this added to the frustration the community were feeling.

"I am sure there will be lots of questions about this issue and this is the public's chance to talk to us and share their thoughts as we continue to prepare and look at future actions to address this issue."

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Cool way to find out about food

PUPILS at a primary school in Harlow are being given a round-the-world tasting experience thanks to supermarket giant Tesco.

Children in Year 1 and Year 6 at Cooks Spinney Primary have already visited the Church Langley store while the rest of the school will follow to learn more about how the food they eat gets to their plate.

They located items on the supermarket's shelves before finding the country of origin on a map and then tasting them.

A school spokesman said: "This is an opportunity to show our children the journey their food takes from farm to fork. Not only are they getting to find the food in the store and try it, they are learning how far the items have travelled by referring to their maps."

"It is an absolutely amazing experience and something else that enriches and inspires their learning. We are very far from the stereotypical curriculum here; it's what makes us different."

Pupils also got the chance to visit the warehouse and experience the extreme temperatures of the freezers.



REACHING FOR THE STARS: Pupils at work on the mural

Eyes to the skies as pupils draw mural inspiration

PUPILS at Little Parndon Primary School, in Park Mead, Harlow, have stars in their eyes after working with Burnt Mill Academy art teacher Rosie Hayes to produce a mural which will be displayed at the school entrance.

The work consists of decorating a wall with painted stars using stencils made by each pupil.

Miss Hayes, who is visiting the school once a week to help the pupils complete the design, said: "The children's work will become a 3D installation on the theme Reach For The Stars."

"It was down to them to work together to come up with a theme and to bring that to life through art."

Taking delight in diversity in many tongues

Language of the month drive

William Mata

william.mata@harlowstar.co.uk

THE cultural diversity of pupils and staff at a Harlow school is being celebrated with the launch of a language of the month feature.

Up to 50 different languages are spoken by staff and pupils at Freshwaters Primary Academy, in School Lane, which has seen an increase in the number of pupils joining without any English skills.

Language of the month has been introduced with the aim of encouraging non-English speaking families to feel a part of the school.

The first language is Urdu with the spotlight on the countries in which it is spoken and the children and staff who speak it.

Invite

Head of school Marios Solomonides said: "The idea of language of the month is for teachers to use a bit of the language and to invite parents in who speak it to share their culture with the children."

"Language can be a barrier stopping parents from coming in and speaking to us, telling us what they want or if there is a problem. We believe they will feel more welcome if they are invited to share photos of their home country or maybe cook with the children."

He added: "We have quite a few children start here without any English at all. We had one child start in Year Six this year with no English and



TALKING IT OVER: Special needs assistant and parent Humera Hamid with Year 3 pupil Hannah Hamid at the language of the month display board

they are now achieving level four – that is the level children who have completed their entire education in England should be at, which is just amazing."

The school has also launched a new website which can be translated into 90 languages.

Mr Solomonides said: "It demonstrates what we stand for and what we believe as a school community."

"It is easier to navigate and parents will be able to read it in any one of 90 languages, improving communication between school and home."

"In the past, parents have maybe not been aware of important meetings or educational visits because English is a second language for them. Now, we can be confident that no pupil misses out because of a language barrier."

Insight into life during the war

GUEST speaker Harry Bibring gave a group of Year 9 history students at Leventhorpe School in Sawbridgeworth an insight into what life was like for a Jewish teenager at the start of the Second World War.

Mr Bibring, who was speaking at the Cambridge Road secondary on behalf of the Holocaust Educational Trust, was born in Vienna in December 1925. His father ran a clothing business in the city.

He explained in 1938, when Hitler announced a union between Germany and Austria, he had to attend a school designated for Jewish children.



WAR STORY: Harry Bibring

The family underwent a tumultuous time, during which Mr Bibring's father was jailed and his business looted. They decided to move to England.

Mr Bibring and his sister arrived at Liverpool Street station in March 1939 but their parents were never able to join them. His father died of a heart attack in November 1940 and his mother and aunt deported to Ibiza and then Sobibor in Poland in 1942.

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Taking a stand to cut risk of kidney disease

CAMPAIGNERS aiming to raise awareness of kidney disease marked World Kidney Day by setting up an information stand at Harlow's Princess Alexandra Hospital.

The Lister Area Kidney Patients' Association ran stands at PAH and the Lister Hospital in Stevenage.

LAKPA chairman Andrew Bullen said it was part of a worldwide drive to bring to the attention of millions of people who are at possible risk from kidney disease how they can obtain a diagnosis and help.

Dr Suresh, clinical lead

for renal services at the Lister Hospital, said: "Chronic kidney disease is common, affecting over three million people in the UK."

"However, it can go undetected as people often have no symptoms, although people with high blood pressure, diabetes, heart disease, a family history and those from certain ethnic groups, have a higher risk."

"The good news is that depending on the problem, early detection, changes in lifestyle and a healthy diet can often slow down the progression of the disease, delaying the possible need for dialysis or transplantation."

Campaign helped break taboo of domestic abuse

Council commended for unique approach

William Mata

william.mata@hertsessexnews.co.uk

A CAMPAIGN run by Essex County Council to help victims of domestic abuse has been highly commended in a national awards competition.

When the Standing Together initiative, run in conjunction with Essex Police, was launched in the summer of last year it was the largest multi-agency campaign of its kind to ever to be carried out in the county.

The aim was to raise awareness of domestic abuse and thereby break taboos and help victims.

The campaign reached millions of people worldwide and achieved a 2,048 per cent increase in website views across agencies. It also achieved positive national media coverage and empowered victims to leave abusive relationships.

ships and to seek help.

As a result it received a commendation at the Local Government Chronicle Awards.

Cllr Dick Madden, Essex County Council's cabinet member for adults and children, said: "This is a great achievement and I am delighted that this successful campaign has been recognised nationally."

"This campaign was unique in that we worked with victims of domestic abuse throughout and they had a big influence on what we did. The results show that not only did it raise awareness of an issue often seen as taboo, it also empowered victims to leave abusive relationships and to seek help, which of course is an incredible outcome."

As part of the campaign a number of focus groups were held with people who had experienced

domestic abuse as well as staff from refuges and representatives of domestic abuse charities. It was the first time survivors were involved in the early stages of planning a campaign.

Safer Places, a Harlow-based charity which provides a range of services to adults and children affected by domestic abuse, saw a 35 per cent increase in referrals during the campaign and a threefold increase in referrals for refuge space.

An ECC spokesman said: "They told us that the campaign was undoubtedly a contributor. This means that victims were encouraged to seek help after seeing our campaign."

For more information on the Standing Together campaign and for information and advice on domestic abuse visit www.essex.police.uk/standingtogether

Charity fundraiser at greyhound track

A GROUP supporting children and adults with Downs Syndrome will be holding a charity night at Harlow Stadium, in Roydon Road, on Saturday evening.

Tickets for the Upwards With Downs fundraiser, which is being held to celebrate World Down Syndrome Day, cost £5 in advance or £7.50 on the night. The price includes a race card and one free drink.

Doors open at 6pm and the first race is at 7.30pm.

Tara Brooks, trustee secretary of UWD, said: "All proceeds will go towards speech and language sessions. We've already sold 400 tickets but we are hoping to sell more. The more the merrier."

Time to sign up for hospice 10k



ST Clare Hospice mascot Clare the Bear has been limbering up at the Mark Hall Sports Centre in Harlow in preparation for next month's annual 10k race.

Hundreds of runners are expected to take part in the popular fundraiser which starts and finishes at the hospice in Hastingswood on April 12.

Fundraising manager Dominique Brunning said: "It is suitable for all abilities, including wheelchair athletes, so whether you are a seasoned club runner looking for a personal best or someone who is relatively new to running but would like a 10k challenge this is the ideal event for you."

The race is open to people aged 15 and over and registration costs £12 in advance or £15 on the day. For more information or to register, visit www.stclarehospice.org.uk/10krun.html or call (01279) 773750.



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Saturday 28th March, 1.00-3.00pm

All are welcome to join us to celebrate and formally mark the opening of Little Saints Pre-School by Robert Halfon MP for Harlow.

This exciting event is free with lots of fun craft and other activities including an Easter egg hunt. Little Saints Pre-School opened its doors in September 2014 and provides a wonderful creative learning environment within the beautiful grounds and gardens of Saint Nicholas School.

Little Saints is open from 7.30am-6.00pm for morning, afternoon and all day sessions.

Healthy meals are provided by our on-site catering team.

Come along and join in the fun!

For more information about the event or Little Saints Pre-School please contact Julie Bradley on 01279 429 910 or admissions@saintnicholasschool.net

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Birthday Greetings

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have a wonderful day
all our love xx
Mum, Dad & Gary

21st

Birthday Greetings

Look who's 30!



Meek Michael
Happy 30th Birthday Mike!
Love you loads
Kirsty xx

30th

Birthday Greetings

Happy 13th Birthday



savill chloe
you now officially a
teenager!
happy 13th birthday chloe
have a fantastic day

**lots of love mum mark
josh grandad titch and
family xxxx**

handbag and shoes

Wedding Anniversaries

Happy 70th Anniversary
Baker
Jack and Evelyn
Congratulations on your 70th Wedding Anniversary on the 17th March.
Lots of love from Julie, John, Stuart and Jamie xxxx

Bereavements

LINDA JANE PEAT
(Formerly known as Nolan)

Sadly passed away on the 14th March with her sister and daughters by her side, aged 56 years.

Funeral Service will take place at Parndon Wood Crematorium on Thursday 2nd April 2015 at 2.30pm.

Flowers welcome or donations made payable to 'St Clare Hospice' and sent c/o Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP. Tel: 01279 426990.

Happy 21st Birthday



DAVIES JACK
Have a great 21st, 20th March
All our love
Mum, Dad and Nick XXXX

21st

Happy 1st Birthday Son



Donovan Kian Jack
Happy 1st Birthday to our gorgeous son Kian on the 18th of March!! We are so proud of you and love you so much!
Love you lots from Mummy and Daddy xxx

balloons

Look who's 80!



Pitt Doug
Happy 80th Birthday Love
Olive, Sue, Paul, Donna, Barry, Kieone, Corey, Kirsty and Mike xxxx

football

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Happy Birthday William



White William
Happy 8th Birthday William.
Lots of love Nan, Grandad, Uncle Paul, Mum, Dad, Phoebe and Adam.xxxxx

football

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Call **0844 406 8676**

Bereavements

CULLETON Martin — Rest in peace my darling. Free from pain x x

GEORGE C E NEALE

Passed away peacefully at Saffron Walden Community Hospital on Wednesday 4th March 2015, aged 86 years.

He will be sadly missed by all his family and friends.

Funeral Service at Parndon Wood Crematorium, Harlow on Tuesday 24th March at 11.30am. Family flowers only please but donations, if desired, made payable to SWCH League of Friends may be sent c/o Peasgood & Skeates, Shire Hill, Saffron Walden CB11 3AQ. Tel 01799 523314.

ELSIE PATRICIA LAW

Passed away peacefully with her loving family beside her on 13th March 2015, aged 78 years. Much loved wife, mum, nan and great grandma. Forever in our thoughts. Until we meet again...

Funeral service to take place at Parndon Wood Crematorium on Friday 27th March at 1.00pm.

Family flowers only please. Donations and condolence messages, to St Clare Hospice, via www.drobinson.co.uk Tel: 01279 426990

PAULINE MAY WRIGHT

Passed away peacefully on 4th March 2015 aged 79 years.

Much Loved wife to Derrick. Mother to Richard and Daniel and their families. Will be missed by all who knew her.

Funeral service to take place at Parndon Wood Crematorium on Wednesday 25th March 2015 at 12.15pm

Flowers or Donations made payable to St Clare Hospice may be sent c/o Daniel Robinson and Sons, Robinson House, Wych Elm, Harlow CM20 1QP. Tel 01279 426990.

JORDAN RONALD VICTOR

Passed away on Tuesday 10th March 2015 aged 85 years. A much loved husband, dad, father-in-law, grandad and great-grandad.

Ron will be sadly missed by all family and friends. Also many thanks to all of Ron's carers.

Funeral service will take place at Parndon Wood crematorium, Harlow on 7th April at 1pm. All family and friends welcome. Family flowers only please, donations if desired to Cancer Research.



Place a tribute to a loved one in paper...

Call 0844 406 8676

HARRY ROBERT SAUNDERS

Passed away peacefully on 12th March 2015, aged 81 years.

Will be missed by all his family and friends.

Funeral service to take place at Parndon Wood Crematorium on Thursday 26th March 2015 at 1.45pm.

Flowers or donations in lieu made payable to Daniel Robinson and Sons to be distributed to charities of Rose's choice may be sent c/o Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP. Tel: 01279 426990

CHARLES TAYLOR (CHARLIE)

Passed away peacefully on Tuesday 10th March, aged 91 years.

He will be greatly missed by his loving family and friends.

Charlie - "May the road rise up to meet you, May the wind be always at your back, May the sunshine warm upon your face and until we meet again."

May God hold you safely in the palm of his hands."

Funeral Service to take place at Parndon Wood Crematorium on Monday 30th March 2015 at 10.00am.

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Stephen and Elaine would like to thank everyone who came to say goodbye to Tom. Especially to Jane for a lovely service and to Nigel, Derek, Louise, Lynn and Sue at Daniel Robinson for their care and compassion at this sad time and to the team at Care By Us. We would also like to thank everyone for their floral tributes.

Please accept this as the only acknowledgement.



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Ex police chief sued for 'loyalty bonus' payouts

Commissioner takes legal action to recover £85k

Chris Dyer

star@hertsessexnews.co.uk

A FORMER chief constable of Essex Police is being sued by the county's crime commissioner to recover £85,000-worth of 'golden handcuff' payments he accepted as loyalty bonuses.

The now defunct Essex Police Authority, which has been replaced by Police and Crime Commissioner Nick Alston, is alleged to have given Roger Baker three payments worth £85,000 to reward him for staying in his job, plus £60,000 worth of bonuses for his final three months of work.

The 56-year-old, who served as the county's top cop between 2005 and 2009, earned £139,000 a year with bonuses and expenses.

But it is the £85,000 "retention payment" that Mr Alston wants to recoup, along with the interest it would have earned over the past six years.

Mr Alston, who has launched legal proceedings to reclaim the cash, said the payments fell outside regulations set by the Home Secretary and is calling for a

review of police bonuses.

"In the summer of 2013 I was advised that so-called retention payments made to Roger Baker were outside the national Police Negotiating Board agreements," he said.

"Since that time, I have been seeking clarification of the rationale and legal authority for those payments.

"I have continued to progress this matter robustly. I can confirm that I have now commenced legal proceedings to seek to recover £85,000 plus interest from Mr Baker. As legal proceedings are now active, I am unable to say anything further."

However, he added: "More generally, I have continued to call for a national review of chief officer allowances and bonuses to guarantee consistency and accountability, and to ensure that they are properly authorised.

"Chief officer pay is now being considered for the first time by the Senior Salaries Review Body - a helpful development.

"The Association of Police and Crime Commissioners has prov-

ided evidence to the SSB, asking for particular attention to be given to the following: setting of pay on appointment and subsequent contract extensions, annual leave and motor vehicle allowances."

In total the former chief constable was paid around £150,000 in bonuses and expenses for his last 15 months of work at Essex Police. These payments were included as part of his bonuses of £50,582 and allowances of £25,982 in 2008/09 and £60,071 in bonuses, coupled with allowances of £15,434 for the following year.

According to Essex Police's statement of accounts, Mr Baker received a total of £215,896 in remuneration for the 2008/09 financial year.

After retiring from the force in 2009, Mr Baker worked for Her Majesty's Inspectorate of Constabulary. He is now a director at Colchester Hospital.

When approached for a response, Mr Baker said: "As this is an ongoing legal proceedings issue I will not be making any comment."

Tea treat boosts community centre appeal



TEA TIME:
Diana Lowry with waiters Steve Carter, left, and Rev Jonathan MacNeaney

A MOTHERING Sunday tea held at St John's Church in Epping raised £274 for the Heart of Epping community centre appeal.

The event, organised by Diana Lowry, saw guests served with an array of delicacies including sandwiches, cheese scones, fruit scones with jam and clotted cream and an array of homemade cakes.

The money raised will go towards the £2m needed for the proposed centre to be built adjoining the church. The new building, which has

already received outline planning approval from Epping Forest Council, will include a cafe and meeting rooms.

Mrs Lowry said: "I would like to thank everyone who supported the event.

"It was a fun afternoon and I would particularly like to thank our waiters - our curate Rev Jonathan MacNeaney and churchwarden Steve Carter - who certainly entered into the spirit of the event with their serving and customer relations skills."

Striking control room staff lobby MPs

STRIKING staff from Essex Fire Service's emergency control room travelled to Westminster yesterday (Wednesday) to lobby MPs over their continuing dispute over working conditions.

Members of the Fire Brigades Union have been taking industrial action, claiming they have been forced out of work by the

introduction of what they describe as an "anti-family shift system".

Alan Chinn-Shaw, secretary of the FBU in Essex, said: "At a time of austerity, the FBU in Essex has made fully costed proposals to the fire service on cost neutral alternatives to this shift system that work for both staff and the fire service budget."

"Essex County Fire and Rescue Service's refusal to negotiate over options that will not cost an extra penny demonstrate they are not committed to good industrial relations."

The current nine-day strike is due to end today (Thursday) with the possibility of further strike dates to be announced.



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RANGERS CLUB



Solar-powered plane sets new record on its global challenge

YOU may remember a few weeks ago we featured a story about an attempt to fly a plane powered only by the rays of the sun around the world.

Well that journey is now under way and the latest news is Solar Impulse 2 has now completed the second stage of its globe-spanning journey. In so doing it has set a new record for the longest distance ever flown by a solar-driven aircraft.

The first leg of the epic challenge covered 400km, starting from Abu Dhabi in the Middle East and ending at Muscat in Oman.

The second leg saw it take off from Muscat and, 15 hours later, land in Ahmedabad in India - a distance of 1468km or just over 900 miles.

With the first and second stages of

the epic challenge now complete, Solar Impulse 2 has a further 10 to go during the next five months to make it round the world.

The plane has a wingspan of 72 metres and 17,000 solar panels which convert the sun's rays into electricity to drive the four motors and recharge the batteries.

Two pilots, Andre Borschbeg and Bertrand Piccard, are taking it in turns to fly the single-seater plane.

Before setting off on the first stage, Mr Piccard told reporters: "I had this dream 16 years ago of flying around the world without fuel, just on solar power. Now, we're about to do it.

"The passion is there and I look forward so much to being in the cockpit."

fact file

- Length: 22.4m (73.5ft)
- Height: 6.37m (20.9ft)
- Wingspan: 71.9m (236ft)
- Crew: One pilot
- Loaded weight: 2 x 300 kg (5,100lbs)
- Propeller diameter: 4m (13.1ft)
- Take-off speed: 35 kilometres per hour
- Maximum speed: 140 kilometres per hour
- Cruising speed: 90 kilometres per hour during the day, 60 kilometres per hour at night (to save power)



RANGERS fact file

- NAME: Daryl (member 1235)
- ADDRESS: Belfield Gardens, Harlow
- BIRTHDAY: March 28, 2006
- SCHOOL: Church Langley Primary
- LIKES: Football, running
- DISLIKES: Homework
- FAVOURITE FOOD: Jacket potato and beans
- LEAST FAVOURITE: Sausages
- FAVOURITE TV SHOW: Adventure Time
- FAVOURITE FILM: Diary Of A Wimpy Kid
- FAMILY: Brother, Ryan (6)
- PETS: Fish
- WANTS TO BE: A footballer

Libby (member 878), of Spencers Croft, Harlow, is 10. Callum (member 1099), of Albert Gardens, Harlow, is 7.

SATURDAY
Holly (member 800), of Peacocks, Harlow, is 10.

MONDAY

Ryan (member 987), of Great Brays, Harlow, is 8.

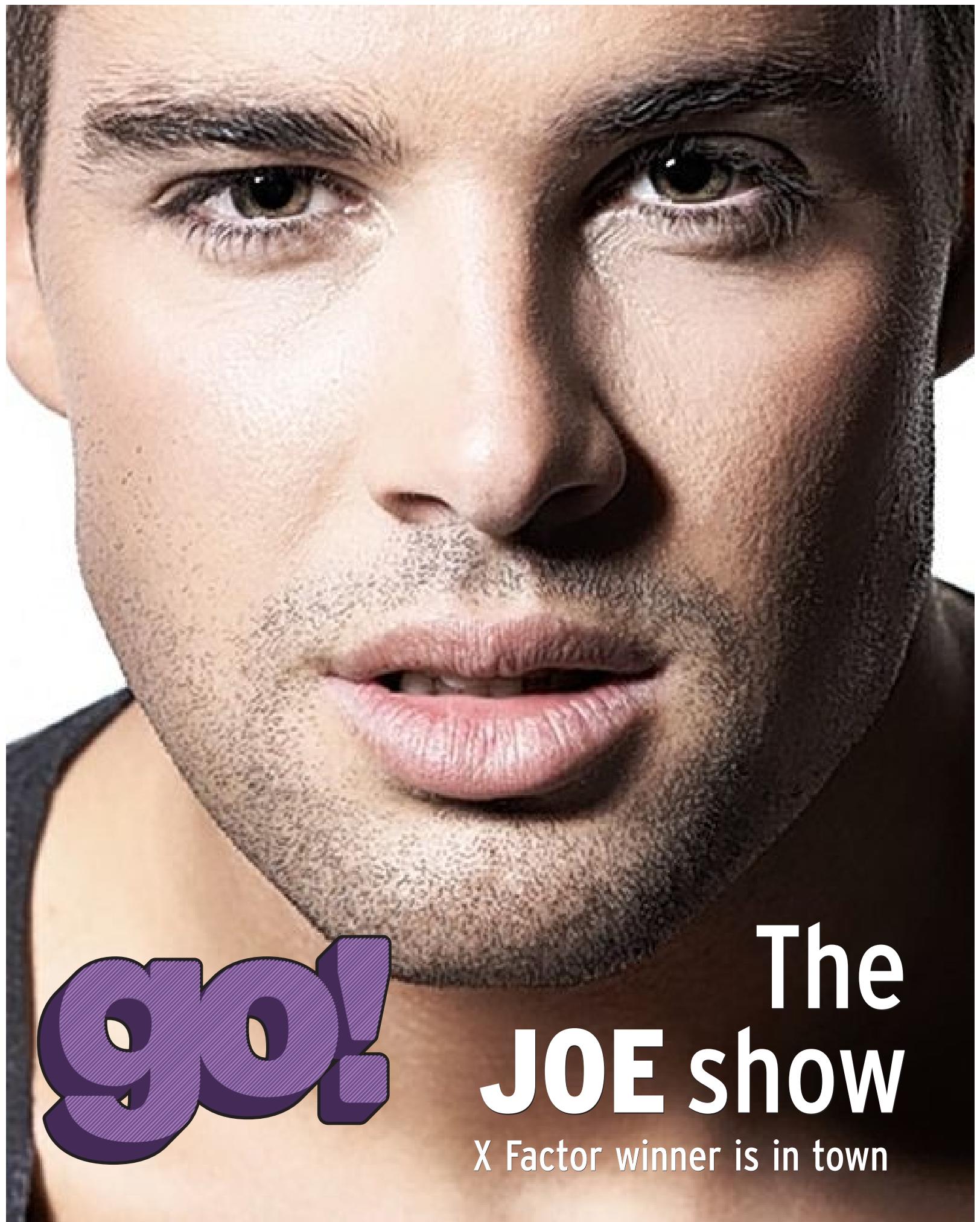
TUESDAY

Amy (member 852), of Canons Brook, Harlow, is 9. Alfie (member 20145), of The Fortunes, Harlow, is 6.

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The
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X Factor winner is in town

WHAT'S ON



© David Wright Images

JOE cannae wait for what happens next

AFTER a whirlwind five years of recording and appearing on – and winning – various TV shows, former *X Factor* winner Joe McElderry has a lot to reflect on.

In 2009, he was crowned the sixth winner of *The X Factor*, beating Essex boy Olly Murs to the hotly-contested £1 million record deal.

And having continued his winning-streak by competing on opera talent show *Popstar To Operastar* in 2011, and winter-sports show *The Jump* in 2014, Joe says he is now ready to take a step back from recording and TV work and concentrate on performing live.

He will be working his way through 100 tour dates this year – predominantly big band shows peppered with a few “special” acoustic sets.

And the one of these will be taking place in Harlow, when he is at The Playhouse next month.

“There’s a lot of pressure with a big band,” the South Shields-born singer explained. “But with the acoustic sets, we literally sit down with two instruments. It makes it more special.”

The acoustic set will mix in a range of songs from his four albums, including pop and classical – and even features a jukebox section where he will be taking requests from the audience.

Unlike some singers from the *X Factor* assembly line, Joe has been in constant demand since he won the show.

But ask him what he saw himself doing before he went on the show, the 23-year-old reveals he had a very different future planned out for himself.

He said: “If you’d asked me five years ago, I

probably would have said I was going to be a paramedic. I did my work experience at school at a hospital and I really like the drama of being in a medical environment.”

But he has had plenty of drama in his career post *X Factor*, including a split from Simon Cowell’s label Syco in 2011.

And after a few opportunity interventions from fate, he says he is no longer trying to plan out what will happen next.

One of the those interventions came during a skiing holiday last year, when he was approached last minute to take part in *The Jump* – a celebrity show that sees celebrities take to the slopes to compete against one another.

It was a show that Joe ended up postponing his holiday for – and he ended up winning.

He said: “I had some time off last year so went on a skiing holiday to Austria. The bosses for the show *The Jump* just happened to be out there. Some of the other contestants had been injured, so within about two days, I went from being on holiday to sitting in a TV studio in Austria.

“It was just a random fluke that I happened to be there and I ended up having the best time. Who knows what will happen next?”

“All the best things that have happened to me since the *X Factor* have been unplanned, so I think it’s best not to plan now. I just go with it.”

■ Joe McElderry performs at The Playhouse in Harlow on Sunday, April 12. Tickets cost £19.50 and are available by calling the box office on (01279) 431945 or by visiting, www.playhouseharlow.com.

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Entries must reach us by midnight Friday, March 27, 2015

LEGOLAND® Entry Form

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GIG GUIDE

FURYON + FAHRAN + MOTHERLOAD + F**KSHOVEL

WHERE: The Square, Harlow
WHEN: Friday, March 20
HOW MUCH: £4

RICHIE SOUL

WHERE: The Shark, Harlow
WHEN: Friday, March 20, 9pm
HOW MUCH: Free

FIST FULL OF COVERS

WHERE: The Herald, Harlow
WHEN: Friday, March 20, 9pm
HOW MUCH: Free

A TRIBUTE TO DAVID BOWIE: ALADDINSANE

WHERE: The Square, Harlow
WHEN: Saturday, March 21
HOW MUCH: £5 in advance and £8 on the door

CAPTURED

WHERE: The Shark, Harlow
WHEN: Saturday, March 21, 9pm
HOW MUCH: Free

CHEAP THRILLS

WHERE: The Horns and Horseshoes, Harlow
WHEN: Saturday, March 21, 9pm
HOW MUCH: Free

MARRAKESH

WHERE: Colt Hatch Social Club, Harlow
WHEN: Saturday, March 21, 9pm
HOW MUCH: £2

ARCHIVE

WHERE: Burnt Mill Snooker and Social Club, Harlow
WHEN: Saturday, March 21, 9pm

FUBAR

WHERE: GPCA, Harlow
WHEN: Saturday, March 21, 9pm
HOW MUCH: Free

ELTON JOHN/BILLY JOEL TRIBUTE

WHERE: Harlow War Memorial Snooker and Social Club, Old Harlow
WHEN: Saturday, March 21, 9pm
HOW MUCH: £2 for non-members

CLAIR AND THE COWBOY

WHERE: The Herald, Harlow
WHEN: Sunday, March 22, 9pm
HOW MUCH: Free

WHAT'S ON

BOUNCERS: PHOENIX YOUTH REPERTORY COMPANY

WHERE: The Playhouse, Harlow
WHEN: Thursday, March 19-Saturday, March 21
COST: £9-£12

Meet Ralph, Les, Judd and Lucky Eric as they prepare for another night as nightclub bouncers in John Godber's fast-paced comedy set in the 1990s. Bouncers is the premier production by the newly formed Phoenix Youth Rep Theatre Company, which was started to offer performance, technical and directing opportunities for young people.

THE ELVIS YEARS

WHERE: The Playhouse, Harlow
WHEN: Friday, March 20
COST: £18-£21

An outstanding concert production of the West End musical Jailhouse Rock featuring original star Mario Kombou and his band led by legendary producer, musical director and Ivor Novello award-winner David Mackay. This spectacular show is packed with over 50 greatest hits of The King from the early days of Sun Studios through the Hollywood years of GI Blues and It's Now or Never to the 1968 TV special and culminating in the legendary Las Vegas concert.

THE NOEMI NUTI QUINTET WITH QUENTIN COLLINS

WHERE: Harlow Cricket Club, Chippingfield, Old Harlow
WHEN: Friday, March 27
COST: £8 on the door

Born and raised in New York City from Italian descent, Noemi Nuti is an up-and-coming jazz vocalist and songwriter currently residing in London. Noemi studied music at Brunel University where jazz vocal improvisation became her driving focus and further studied improvisation and composition at Trinity College of Music. She toured the UK as part of the Tomorrow's Warrior's 'Jazz Alive' project and has taken part in the London Jazz Festival on a number of occasions. Quentin Collins is one of Europe's most in-demand trumpet players, both as a band leader or playing for somebody else's band.

ON SONG:
Sean Mitchell,
lead singer of
Repertoire
Dogs, who
are playing
on May 31



SUMMER of music

THIS year's LinkFest will be held over three Sundays throughout the summer. The popular festival, held in The Bandstand at Harlow Town Park, has expanded from its usual weekend slot to be held on three Sundays – May 31, July 26 and August 30.

Blues trio Albino Peaches and Essex covers band Repertoire Dogs are the star names on May's line-up which will also feature The Hamwahs and Retrovox.

Rock band The Greasy Slicks will take to the stage for the June edition, while Pink Floyd inspired guitarist Steve Forward will headline the August Bank Holiday weekend slot.

The free festival is the highlight of the year for Harlow's music scene and provides an opportunity for up and coming bands to make a name for themselves.

LinkFest organiser Jamie Pring, said the change in format was to reflect demand and to make the festival as accessible as possible to audiences.

Mr Pring said: "We've aimed it more at family days and it has always been difficult to get people in for Saturdays."

"It just works better on Sundays and it is more family orientated."

"This year's line-up is the strongest we've ever seen, and we've attracted some of the top bands from the circuit."

"Some of them haven't played in Harlow for a long time. These acts want to play Harlow and get back in touch."

"This year we've got Expose playing this year who are one of the best bands on the local circuit."

"I'm also excited that we have Scam 69 on the bill," Mr Pring added.

Money was raised for the festival by guitarist Steve Forward in a special sold-out Pink Floyd tribute concert in February, described as "fantastic" by organisers.

Mr Forward said: "I'm feeling great about performing. Jamie has put a lot of time and effort into it. He works hard to make sure these events to smoothly. It is a reflection of Jamie's hard work."

"I am going to be performing a mixture of classic rock tracks and I will be performing second on stage after Rock School," he added.

■ For more information on the three days of music, 'like' LinkFest on Facebook.

LINE-UP:

SUNDAY, MAY 31:
The Hamwahs,
Albino Peaches,
Retrovox,
Anthem,
Scooby,
Cadence,
Repertoire Dogs

SUNDAY, JULY 26:
Rock School,
The Greasy Slicks,
Me and Him,
The Heaters,
Hedgehog,
Expose,
Scam 69

SUNDAY, AUGUST 30:
Rock School,
Steve Forward,
Guilty Pleasures,
East of Java,
Sax on Fire,
Bizarre Fish,
Seven Dials Circus,
Archive

Two-faced festival promised for Lordship

THIS year's Standon Calling will take place against the backdrop of "a town of two faces".

The music festival assumes a different theme each year, playing an integral part of proceedings with revellers invited to dress appropriately.

For 2015, organisers have come up with a town of two faces, mixing the wild west with

the dark and ghoulish.

Alongside the music, on offer this year will be Dr Leech's wellness centre and funeral parlour, serving up a beginner's class in taxidermy.

Wild Wyatt's traveling menagerie can be visited to get up close with some animals.

Revellers can also try their hand at "death drawing" with

Art Macabre, take a ride on the voodoo taxi wagon, or get down with The Dance Off's "hillbilly hoedown".

Art collective The Treatment Rooms will also return to Standon to offer the chance to mosaic your own tombstone.

Festival organisers have promised to update the Facebook page with further details, including ideas for

costumes.

Previous themes have included 'Lost in Latin America', 'gods and monsters' and 'running away from the circus'.

The festival takes place from July 31 to August 2 and will be headlined by Little Dragon, The Dandy Warhols and Basement Jaxx.



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RAY not ready to end the PARTY



BAD GUY: Ray Winstone pictured with the cast at the premiere of *The Gunman*, and as Stanley, in the film



Pic: Anthony Devlin/PA Photos

SUCH is Ray Winstone's reputation for partying, that news he'd apparently given up the late nights made headlines.

"Rubbish. I'm an animal!" says the actor, grinning. "When I was younger, you could go out and come back in the morning, but it catches up with you, and it's caught up with me."

"Every now and again I have a dive off the deep end, but not that often now," he adds, in that familiar gruff East End growl.

Winstone, who has a pub in the back garden of his Roydon, Essex, home, has enjoyed a fair few memorable nights out over the years, including one with Sean Penn, his co-star in the new action thriller *The Gunman*.

"I'm lucky to have met him a few years back, and we had an evening out. That was interesting."

Anything he wants to share?

"Nothing I'd tell you," retorts the father of three, who's starred in the likes of *Sexy Beast* and *The Departed*.

He laughs heartily, and I note that Penn's not a fan of speaking to press, is he?

"Lucky ol' Sean, hey? So it's left to mugs like me. I'll pull him about that..." says Winstone, smiling.

Penn's reluctance to open up makes it difficult to know what he's like. Is he a serious man, or just serious about his work?

"We all moan about things that go on,

and sit on our arses and do nothing about it. He gets up and goes and does it," notes Winstone. "I don't always agree with everything he has to say, but all power to him."

The opportunity to work with Penn was one of the major draws for *The Gunman*.

"Sean's a good boy and probably one of the best screen actors who's about at the moment. I want to work with people like that," says 58-year-old Winstone, folding his arms across his chest.

"Then you read the script and meet Pierre [Morel, the director, who also helmed *Taken*], who's fantastic. I liked him a lot."

"And you find out who else is in it -

Mark [Rylance, recently seen in *Wolf Hall*] and all that, and you go, 'Oh good God, there's a bit of class going on here'."

"It's an action movie, but it's got story, reality" - and Penn looking in the best shape of his life, of course.

"Sean is only a few years younger than me, but where he has an eight pack, I've got a party pack!" Winstone jokes.

Penn stars as Jim Terrier, an ex-special forces government contractor who's betrayed by the organisation he once worked for, and has to go on the run in a relentless game of cat and mouse across Africa and Europe.

Winstone plays Terrier's close friend Stanley, a broken, grizzled and paranoid

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THE GUNMAN (certificate 15, 115mins) Friday 14:50 17:40 20:30 Saturday & Sunday 17:40 20:30 Monday-Wednesday 14:50 17:40 20:30 Thursday 13:20 16:10 20:00

HOME (certificate U, 94mins) Friday 12:30 13:30 15:00 16:00 17:30 18:30 Saturday & Sunday 10:15 11:00 12:30 13:30 15:00 16:00 17:30 18:30 Monday-Wednesday 12:30 13:30 15:00 16:00 17:30 18:30

RUN ALL NIGHT (certificate 15, 114mins) Thursday 12:30 15:20 18:10 21:00 Friday -Thursday 21:00

SUITE FRANCHISE (certificate 15, 107mins) Thursday 12:15 14:50 17:40 20:30 Friday & Monday-Wednesday 12:20

CHAPPIE (certificate 15, 120mins) Thursday (March 19) 12:10 15:00 17:50 20:45

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FOCUS (certificate 15, 105mins) Friday-Wednesday 20:00

BIG HERO 6 (certificate U, 114mins) Saturday & Sunday 12:45

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PADDINGTON (certificate PG, 95mins) Saturday & Sunday 10:10

TINKER BELL & THE LEGEND OF THE NEVER BEAST (certificate U, 76mins) Saturday & Sunday 10:00

THE BOOK OF LIFE (certificate U, 95mins) Saturday & Sunday 10:20

Preview
THE SPONGEBOB MOVIE: SPONGE OUT OF WATER (certificate U, 92mins) Saturday & Sunday 11:55 12:40 14:10 15:10 16:50

man, who he reportedly compared to an ageing actor.

"I don't know what I said. I was probably drunk at a party," he quips today.

"But Stanley's a man who's a bit further down the line than Sean's character."

"He's seen the same atrocities, he's been in the same position and I think he's really died as a man; found drink, drugs, and just wallows in it."

"I was happy to sit in a scene in a pub and watch Terrier bash up a couple of guys. All that is in the past for Stanley."

■ *The Gunman* is released on Friday, March 20.



Final chance to vote!
Lines close at midnight on
Sunday, March 22, 2015

For Full terms & conditions see harlowstar.co.uk/awards.

Here's how to vote...

Just text HMS BABY, the four digit voting code of the child you wish to vote for, with your name and postcode to **64343**. (E.g. **HMS BABY 1001 Jane Smith TN1 2UN**) Texts will cost £1.00 each plus one standard network rate message. Don't forget the spaces!



Visit harlowstar.co.uk/awards to view all this year's entries and choose your winner. It's now time to vote!

The gallery featuring all your beautiful babies and children is now live for you to view don't miss your chance to vote for your favourite!

The child with the most votes from all the categories will be named Harlow Star Baby of the Year 2015 and receive a 20x16" canvas print of their winning picture. The winners of the remaining categories will each receive a runner up prize of a 10x12" canvas print.

James and the GIANT FEAST

Don't get James Martin started on the number of chefs on TV at the moment. Yes, he may be a chef, and yes he may be on telly a fair bit, but he's also rather fed up with seeing members of his profession clamouring for their close-ups.

"Fundamentally, I'm doing something I love," reasons the Malton-born 42-year-old. "I never wanted to be on television, I didn't go into this industry to be on TV, and unfortunately now, most chefs when you ask the younger ones, well, they just want to be on TV. It's not about that."

While the statement seems to contradict Martin's own TV engagements, including *Saturday Kitchen* and the second series of *Home Comforts*, filmed at his home and based on his new book of the same name, he insists his career is built on a rock steady love of food.

"The industry is so important to me first, and the TV is secondary," he adds. "I just so happen to be doing this because I was told I was good at it, and that's why the phone kept ringing. I'd be quite happy if the filming stopped. I'll go back to my restaurant."

But it doesn't sound like the chatty chef is in a rush to leave the small screen soon.

Having taken part in BBC One's *Meet The Street*, where he took famous people back to their hometowns to tackle loneliness in their area, he is evangelical about the power of telly.

"I just think TV is such a magical thing, as it can change people's lives and make you cry, make you happy," explains Martin, who also hosted BBC One's *Operation Hospital Food*, which saw him working to

improve meals served in wards.

"It's an amazing thing, really. The more I do it, the more I enjoy it. I've been doing it for 20 years now and it's just the best job in the world... but then I always want my other job."

BEER-MARINATED RACK OF PORK WITH JEFF'S CHARD GRATIN (SERVES 6)

FOR THE PORK:

2tbsp sea salt
2tbsp dark brown sugar
1tsp black peppercorns
4 garlic cloves, lightly crushed
2 bay leaves
2tbsp yellow mustard seeds
(1tbsp soaked in water overnight)
4 sprigs of thyme
4 sprigs of flat-leaf parsley
500ml beer, preferably a good ale
1-1.2kg 6-rib pork loin rack, French-trimmed
50g unsalted butter
100g brioche, roughly torn
1tsp English mustard powder
1tbsp brown mustard seeds, soaked in water overnight
Sea salt and freshly ground black pepper

FOR THE GRATIN:

700g chard, chopped into 2cm pieces
2 large potatoes, peeled and cut into 1-1.5cm chunks
1 onion, sliced
50g unsalted butter
50g plain flour
400ml whole milk
200ml chicken stock
100g gruyere cheese, grated
Sea salt and freshly ground black pepper

Pour 100ml of cold water into a saucepan, add the sea salt and sugar and heat until the sugar dissolves. Remove from the heat. Now mix in 400ml of cold water, the peppercorns, garlic, bay, unsoaked yellow mustard seeds, thyme, parsley and beer.

Put the pork loin into a large bowl or sealable bag then pour in

the liquid and cover. Place in the fridge for 24 hours, turning occasionally.

When ready to cook, preheat the oven to 200C/400F/gas mark 6. Remove the pork from the bag and pat dry. Heat a large frying pan over a medium heat, then add the butter and heat until foaming. Carefully seal the pork on each side until light golden brown, then transfer to a roasting tray. Roast for 15 minutes.

Put the brioche, mustard powder and soaked yellow and brown mustard seeds into a food processor and blitz to a paste, then season. Set aside.

Meanwhile, make the gratin: Layer half the chard and potatoes into an ovenproof dish, scatter over the onion, then place the rest of the chard and potatoes on top.

Put the butter in a saucepan and melt, then add the flour and cook for a couple of minutes until light golden brown. Add the milk gradually whisking until you have a smooth white sauce, then whisk in the stock and half the cheese and cook until melted.

Season with salt and pepper, then pour the sauce over the chard and potatoes and top with the remaining cheese.

After the pork has been cooking for 15 minutes, spread the brioche paste over the top. Decrease the oven temperature to 180C/350F/gas mark 4, then return it to the oven for 45 minutes to crisp the crumb and finish cooking the pork through. Place the gratin in the oven at the same time.

Remove the pork from the oven and rest for 15 minutes, while the gratin finishes cooking. Carve the pork and serve with the chard gratin.



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ARIES MARCH 21 - APRIL 20

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Love and lust can be pretty close together for you sometimes can't they Taurus? Try to slow your pace and take in what is really being offered. There's more to be enjoyed if you're not my friend. This is a great week to look into training yourself to take your career to a new level. Explore where you wouldn't usually for success. Ring to hear why this is a great week for job interviews.

FOR WEEKLY AND MONTHLY READINGS CALL **0911 8532 349** 66p per minute

GEMINI MAY 22 - JUNE 21

Emotions got the better of you, which left you with quite a mess to clean up. Just make sure you don't ask others to do things they wouldn't normally want to agree to. Show you're in control. Those emotions from last week start to calm down and you begin to see what needs to be done to put things right. Ring to make the most of this very busy but opportune week.

FOR WEEKLY AND MONTHLY READINGS CALL **0911 8532 350** 66p per minute

CANCER JUNE 22 - JULY 22

Jupiter helped you to boost your confidence and you started to better understand why you acted in such a dramatic fashion in recent weeks. A third party's influence could change everything for you this weekend. Just remember to stick to commitments regarding finances or you could see someone pulling out along with the support they'd pledged. Ring now to hear how the Moon blesses family reconciliations.

FOR WEEKLY AND MONTHLY READINGS CALL **0911 8532 351** 66p per minute

LEO JULY 23 - AUGUST 23

Money not be easy to come by and you may have to sell a white lie in order to delay paying out for something you had hoped to avoid. A new attraction promises fun and drama. Life will certainly not be boring for you in the coming days and weeks Leo, but beware of signing what you may not be able to easily get out of. Ring so I can tell you where your future will lead you.

FOR WEEKLY AND MONTHLY READINGS CALL **0911 8532 352** 66p per minute

VIRGO AUGUST 24 - SEPTEMBER 22

Lying is not an option this week, but may be something you feel you have to do, now that a close one has backed you into a corner. Tell the truth. They know more than you think! This is a good month for selling and buying as you are able to bid up or down to suit your needs, so make sure you keep your eye on the ball. Ring to hear why this is a good weekend to take chances in love.

FOR WEEKLY AND MONTHLY READINGS CALL **0911 8532 353** 66p per minute

LIBRA SEPTEMBER 23 - OCTOBER 23

Your career comes under the spotlight and you see ways to improve your future which you had never thought of before. Careful of someone using you for their reputation in work. Know how far to be pushed. Someone you did not think you would cross paths with in work again seems to be the answer to your problems and needs. Ring to hear which signs can bring out the best in you.

FOR WEEKLY AND MONTHLY READINGS CALL **0911 8532 354** 66p per minute

SCORPIO OCTOBER 24 - NOVEMBER 21

Sort out relationships and find out if others want and share the same dreams as you. Careful of a pushy family member trying to make you commit to something you don't want or need. Your ruling planet Mars brings out your need for confrontation on Friday. Just know how far is too far to go then please. Love is at stake. Ring so I can help you find your feet in life and relationships.

FOR WEEKLY AND MONTHLY READINGS CALL **0911 8532 355** 66p per minute

SAGITTARIUS NOVEMBER 22 - DECEMBER 20

Try to be nicer to the faces around you this week, especially to those you're meeting for the first time. An arrogant air is only going to undo the progress last weekend saw you achieve. Travel plans can be laid at this time but delay them if you want them to be as dramatic as you first imagined. Others need time to acclimatise to your ideas. Ring so we can tell you why we've put off recently.

FOR WEEKLY AND MONTHLY READINGS CALL **0911 8532 356** 66p per minute

CAPRICORN DECEMBER 21 - JANUARY 20

Last minute arrangements put you in the company of exciting faces who put the fun back into life and the spring back into your step. Happy times come from good news headed your way. If you're caught out in a lie then admit it, but don't try to lie your way out of what's been said. This is your chance to get back on track with a close one. Ring so I can tell you more about your future.

FOR WEEKLY AND MONTHLY READINGS CALL **0911 8532 357** 66p per minute

AQUARIUS JANUARY 21 - FEBRUARY 19

Family who let you down don't mean to, so don't be too hard on them. Wait until you've heard the whole story before you jump the gun or you could end up looking and feeling a fool. Make sure you have signed all forms which need filling in and have given the right information or it could cost you financially and professionally. Ring now to hear how animals bring new people to your future.

FOR WEEKLY AND MONTHLY READINGS CALL **0911 8532 358** 66p per minute

PISCES FEBRUARY 20 - MARCH 20

The typed or written word, by hand, email or text helps you to get life back on track again. It's all about tying up certain loose ends. Crossing that's and doing the t's Pisces. You're willing to work hard; you've got your focus back again. Believing in a younger person always pays off. Ring now to hear right now to find out how to make peace over last month's misunderstandings.

FOR WEEKLY AND MONTHLY READINGS CALL **0911 8532 359** 66p per minute

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SUDOKU

Fill in the grid in such a way that every row and column and every 3x3 box contains the numbers 1-9.

Easy

			8			1		
			3	6		8		
5	4	7						
1			5					
			6	4	1			
7	2			5	8			
2	3	5		8				
	6		3	7				
4	9	6						

Medium

			7			9		
			2					
				5	1	3		
					7	8		
4	9							
			1	8	4	6		
					4	6		
3	5							
4	8	5	9	2				

Hard

			1			5		
			4					
9	2				6	1		
			5	2	1			
8	2	4			4			
			9	6				
5	1	4	3					
4	9				9			
	8			6	5			

Killer

26			22			13	13	13
						9		
18			10			20	9	
				11	20			
						12	24	
				13	6	12	10	
						16	12	
3	24				20		15	8
				7				

For Killer Sudoku, the normal rules of Sudoku apply. However, in addition, the digits in each inner shape (marked by dotted lines) must add up to the number in the top corner of the shape.

CRYPTIC CROSSWORD



PATHFINDER

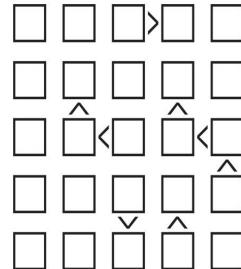
Beginning with the highlighted square, follow a continuous path to find the listed abbeys. The trail passes through each and every letter once and may twist up, down or sideways but never diagonally.

DRYBURGH, FORDE
HARTLAND, JEDBURGH
KIRKSTEAD
NEWSTEAD, SELBY
TEWKESBURY
THORNTON, TINTERN
TITCHFIELD
WALTHAM
WAVERLEY
WHITBY, WORTH
WYMONDHAM

W	A	E	D	B	U	R	G	H	I	T
E	V	J	F	H	T	L	W	B		
R	L	D	I	C	A	M	A	H	Y	
Y	E	L	E	T	I	T	W	R	Y	
S	E	L	B	Y	W	T	H	T	D	M
Y	R	D	N	R	O	R	A	L	A	O
B	U	E	T	O	N	R	N	D	E	N
G	R	D	O	H	T	E	T	T	T	D
H	T	R	N	I	R	K	N	I	S	H
W	E	O	F	K	Y	S	A	D	W	A
K	E	S	B	U	R	T	E	N	E	M

FUTOSHIKI

Each line across and down is to be filled with the numbers 1 to 5. The same number cannot occur more than once in any line. Your only clues are the numbers given and whether a number is greater than (>) or smaller than (<) the adjacent number.



TOTALIZED

The 25-second ultimate challenge from Puzzler Brain Trainer. Follow the instructions from left to right, starting with the number given to reach an answer at the end.

EASY	36	÷ 4	x 3	+ 17	+ 3/4 OF IT	x 2	TREBLE IT	+ 6	- 1/4 OF IT	x 3	ANSWER
MEDIUM	48	x 7	+ 124	+ 3/4 OF IT	÷ 8	DOUBLE IT	- 3/4 OF IT	HALF OF IT	x 4	- 36	ANSWER
HARDER	226	- 137	+ 7	- 7/8 OF IT	CUBE IT	+ 5/2 OF IT	x 2	+ 8	- 3/4 OF IT	+ 62	ANSWER

QUICK CROSSWORD

ACROSS	Both sets of clues fit both grids	25 Over (4)
1	Cease, desist (4)	DOWN
4	Policeman (7)	2 Excess (3,4)
8	Start living at a new address (4,2)	3 Meat in pastry (3)
9	Hide away (3,3)	4 Unit of weight (5)
10	Summer frock (8)	5 Scenery for a movie (4,3)
12	Ponder (4)	6 Cone-shaped cake (5,4)
13	Objects (6)	7 Origins (5)
15	Theatrical band (6)	11 Eating at a restaurant (6,3)
17	Hand measure (4)	14 Non-religious (7)
19	Of the old British rule (8)	16 Infant's enclosure (7)
21	Academy (6)	18 Hickory nut (5)
22	Arm muscles (6)	20 Identification tag (5)
24	Unprocessed (7)	23 Blackguard (3)

All puzzles copyright Puzzler Media Ltd.



Totalized: EASY=20 MEDIUM=2006 HARDER=2826

LAST WEEK'S SOLUTIONS

Sudoku: Easy	Sudoku: Medium	Sudoku: Hard	Sudoku: Killer	Futoshiki	Pathfinder	Quick Crossword	Cryptic Crossword
1 5 2 8 7 4 3 6 9 6 8 4 9 5 3 7 1 2 3 7 9 1 2 6 5 4 8 7 9 3 2 6 8 1 5 4 8 1 5 4 3 7 2 9 6 2 4 6 9 5 1 8 7 3 4 6 8 3 1 9 5 2 7 5 2 7 6 8 9 4 3 1 9 3 1 7 4 2 6 8 5	7 2 4 6 3 8 9 1 5 3 9 1 5 7 4 2 6 8 5 8 6 1 2 9 3 4 7 3 8 9 4 6 5 1 7 2 8 4 5 1 9 7 2 6 3 2 6 1 8 3 4 7 5 9 4 3 8 7 5 6 4 8 1 9 3 7 5 2 6 8 4 1 8 6 7 8 9 1 3 5 2 4	7 2 4 3 8 1 6 9 5 1 5 6 2 7 9 4 3 8 3 8 9 4 6 5 1 7 2 7 8 5 3 1 9 4 6 2 8 5 2 9 7 3 1 8 4 6 2 6 1 8 3 4 7 5 9 3 7 6 5 8 4 2 9 1 4 1 8 9 6 2 7 5 3 8 5 7 6 2 3 9 1 4	9 3 4 2 5 6 1 8 7 1 6 2 8 4 7 5 3 9 7 8 5 3 1 9 4 6 2 1 6 2 8 4 7 5 3 9 5 2 9 7 3 1 8 4 6 2 6 1 8 3 4 7 5 9 3 7 6 5 8 4 2 9 1 4 1 8 9 6 2 7 5 3 8 5 7 6 2 3 9 1 4	2 4 1 3 5 2 1 3 5 1 2 5 4 3 2 1 3 5 3 1 4 5 2 1 3 5 2 4 5 3 2 1 4 5 2 1 5 3 2 1 4 5 2 1 3 6 4 5 3 2 1 4 5 2 7 5 3 2 1 4 5 2 1 8 6 4 5 3 2 1 4 5	2 1 3 5 2 1 3 5 2 1 2 5 4 3 2 1 3 5 3 1 4 5 2 1 3 5 2 4 5 3 2 1 4 5 2 1 5 3 2 1 4 5 2 1 3 6 4 5 3 2 1 4 5 2 7 5 3 2 1 4 5 2 1 8 6 4 5 3 2 1 4 5	H E F S A U S S S K X C S A R S S E E C H M A R C S S I E C H M A R C S T H E Y J F H H T L T R I C H A Y R E T R E A C H I N G T R E A C H I N G T R E A C H I N	

ADVERTORIAL

DANIEL ROBINSON & SONS

Independent
Family Funeral Directors
Monumental Masons

Maintaining traditionally high standards and service since 1892

Why choose an independent family funeral director?

In all forms of business today there are big national companies that have made their profits through taking over smaller firms. The funeral profession is no exception. Many businesses have changed hands but have not necessarily changed names. That makes it hard for you to distinguish between a family owned firm and the branch of a vast conglomerate. The independent funeral profession has a long and proud history of personal service to local communities. Carrying on the family tradition is a way of life for many independent funeral directors. They are deeply committed to upholding professional standards. Some of the oldest continuously operated businesses in Britain are family-owned firms. Without asking you may never know if the owners your family have trusted over the years continue to make the decisions which will affect the service you receive.

So, when you need the services of a funeral director, just ask. It's important that you know who you're speaking to.

Never be embarrassed to ask a funeral director to show you their premises or enquire about the likely costs. A reputable funeral director will be more than happy to answer any questions you may have as to whether their staff are qualified, what the fees are, if they have mortuary facilities on site, what age and what type of vehicles are available and whether there is a Chapel of Rest that you can visit at any time, twenty four hours a day, at no additional charge.

A good funeral director, like Daniel Robinson & Sons will be available 24 hours a day, 52 weeks of the year, offering an emergency service, with no calls going through to mobile phones and with free advice and counselling. All arrangements will be made on the family's behalf, either at the funeral home or in the privacy of the family's home.

A recent IPSOS Mori report highlighted in a survey of 500 towns in the UK where there was a Co-Op, Dignity & independent funeral director, that the independent funeral director offered the best value and service in every case.

Daniel Robinson & Sons, Harlow funeral home

Daniel Robinson & Sons are centrally based at Wych Elm in Harlow, close to Princess Alexandra Hospital and the offices of the Registrar. Their premises were purpose built in 1966, with two Chapels of Rest, comfortable air conditioned arrangement rooms with fine reproduction furniture and parking outside the front door. They have a large fleet of funeral vehicles, two of which were recently purchased as part of their on-going commitment to provide the highest quality and service to families.

They are all local people who know the area, the professionals that they work with, hospital and nursing home staff, doctors and the clergy; but most importantly, their staff provide a unique, knowledgeable and personal service to every family.

"We aim to be, for all the communities we serve, the people to turn to in times of bereavement; to ensure, by our wholehearted commitment, that every funeral is carried out to the highest possible standard; and to be available to offer advice, support and assistance at all times."

Memorials

Working with the leading local master masons and importers of fine stone, enables Daniel Robinson & Sons to provide families with a wide range of options for high quality memorials at the most competitive prices.

Service Sheets

They have a dedicated Service Sheet design team that provide beautiful bespoke service sheets, taking on-board the wishes of families and also offering suggestions for additional touches to the service sheets, which can make them even more of a reflection of the person whose life they celebrate.

'In Memory' profiles & donations

Daniel Robinson & Sons have a new online donation service, they can create a customised "In Memory" page on their website. This contains full details and addresses of the funeral service(s) to be held, along with the deceased's life story, a carousel of photographs the family have provided and details of the charity(s) they have chosen for donations.

The pages are permanently online for the collection period, so donors from anywhere can go to the page, look at the information and pictures and if they wish, click to add a donation using their credit or debit card. Having left a donation, each donor is encouraged to leave a condolence message for the family. Every electronic donation is automatically acknowledged via email.

In trials over 90% of donors to date have left condolence messages, which are added automatically onto the "In Memory" page. Donors have left a wide variety of messages from a few carefully chosen words to lengthy poems. At the end of the collection period, a list of all donors, their messages and the total raised for each charity(s) is sent to the family.

The most encouraging result is that over 80% of donors using the webpages are clicking to add Gift Aid to their donation. A report is then sent direct to the Charity(s) who claim the Gift Aid back from the government, **boosting the total for each donation by 25%**!

However, the main benefit to the donors and the charities is that, unlike most 'giving' websites, no commission is taken, the whole amount goes to the designated charity, plus the Gift Aid, where applicable. Daniel Robinson & Sons do not even charge for the administration of registering, collating and sending off donations to charities.

Pre-paid funeral plans

The reason many people take out a plan is for peace of mind for themselves and their families, by relieving them of the worry of funeral expenses and arrangements. Daniel Robinson & Sons recommend Golden Charter, the UK's largest provider of pre-paid funeral plans to provide a caring and responsible way of making arrangements, paying today's prices for the funeral of the future.

Giving back to the community

Over the last twenty years Daniel Robinson & Sons have raised nearly £1 million through fund raising activities which has been distributed to a wide range of charities and good causes. In Harlow they have supported St Clare Hospice for many years and this year they are once again supporting the Hospice's Light Up A Life services throughout Harlow and the local area.

Daniel Robinson & Sons have served generations of Harlow families, they are here today and they will be here tomorrow as a local family business, offering the highest standards of service and care.

For further information please go to www.drobinson.co.uk



Daniel & Margaret Robinson circa 1939.



The Daniel Robinson & Sons Team receiving the Award for Regional Funeral Planner of the Year in 2013, an award that they are once again nominated for this year.

A funeral plan with reassurance



Daniel Robinson & Sons

Independent Family Funeral Directors

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WINTRY MOTOR POINT

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CAR OF THE WEEK

2009 (59) Ford Fusion 1.4



£6,295
blue, alloy wheels, air con, remote locking, e/ windows, e/mirrors, CD player, 7,000 miles only, YES 7,000 miles

2008 (08) Ford Focus 2.0 CC



£5,495
red, alloy wheels, air con, electric power hood, e/ remote locking, parking sensors, e/ windows, e/ mirrors, CD player, 53,000 miles only

2001 (11) Peugeot 107 1.0



£5,295
blue, central locking, e/ windows, CD player, ideal first car, £20 a year tax, cheaper insurance, 28,000 miles only

2011 (61) Peugeot 308 1.6 HDi



£6,995
black, alloy wheels, air con, remote locking, e/ windows, e/mirrors, CD player, one owner, 45,000 miles, £20 a year tax

EXECUTIVE

2009 (59) Mercedes E350 CDI Coupe, black, alloy wheels, climate control, parking sensors, heated electric leather seats, remote locking, e/ windows, e/mirrors, cruise control, 60,000 miles
Was £19,995 Now £16,495

2003 (03) Mercedes SL350 Auto, silver, alloy wheels, climate control, heated electric leather memory seats, cruise control, Sat Nav, parking sensors, e/windows, e/mirrors, electric hood hard top, 59,000 miles
Was £13,995 Now £11,995

2006 (56) Volkswagen Touareg 2.5 TDI Altitude, black, alloy wheels, climate control, heated leather seats, cruise control, parking sensors, sat nav, remote locking, e/windows, e/mirrors, 78,000 miles
Was £11,995 Now £8,995 SOLD

2006 (56) Jaguar S-Type 2.7 Diesel Automatic, red, alloy wheels, climate control, remote locking, cruise control, Sat Nav, parking sensors, electric leather seats, e/windows, e/mirrors, 58,000 miles
Was £8,995 Now £7,695

2001 (51) Jaguar X-Type 2.5 Auto, white, alloy wheels, climate control, remote locking, leather seats, e/windows, multi CD changer, 48,000 miles only
Was £4,995 Now £3,995 SOLD

SHOOT & HATCHBACK

2011 (61) Chevrolet Orlando 1.8, grey, alloy wheels, air con, remote locking, e/ windows, e/mirrors, parking sensors, 7 seater, one owner, 26,000 miles only
Was £8,995 Now £7,495 SOLD

2011 (61) Peugeot 308 1.6 HDi, black, alloy wheels, air con, remote locking, e/ windows, e/mirrors, CD player, one owner, 45,000 miles, £20 a year tax
Was £7,995 Now £6,995

2011 (61) Vauxhall Corsa 1.3 CDTi, grey, air con, remote locking, e/windows, e/mirrors, one owner, 39,000 miles only
Was £7,495 Now £6,495

2009 (59) Ford Fusion 1.4, blue, alloy wheels, air con, remote locking, parking sensors, e/windows, e/mirrors, CD player, 7,000 miles only, YES 7,000 miles
Was £6,995 Now £6,295

2005 (05) Mini Cooper S 1.6 Supercharged, white, alloy wheels, air con, remote locking, leather seats, JCW kit, e/windows, e/mirrors, 63,000 miles, stunning car
Was £6,995 Now £5,995

2008 (08) Mercedes A150, black, alloy wheels, air con, remote locking, e/ windows, e/mirrors, half leather seats, CD player, 59,000 miles
Was £6,995 Now £5,395

2007 (57) Renault Megane 1.6, blue, alloy wheels, air con, remote locking, e/ windows, e/mirrors, cruise control, CD player, 57,000 miles
Was £4,495 Now £3,495

FAMILY CARS

2007 (57) Nissan Qashqai 2.0, beige, alloy wheels, air con, remote locking, cruise control, parking sensors, e/windows, e/mirrors, 42,000 miles only
Was £8,995 Now £7,495

2011 (61) Chevrolet Orlando 1.8, grey, alloy wheels, air con, remote locking, e/ windows, e/mirrors, parking sensors, 7 seater, one owner, 26,000 miles only
Was £8,995 Now £7,495 SOLD

2008 (58) Renault Koleos 2.0 Diesel 4x4, grey, alloy wheels, air con, remote locking, cruise control, e/windows, e/mirrors, sat nav, one owner, 50,000 miles
Was £7,995 Now £6,995

2011 (61) Vauxhall Meriva 1.4, silver, air con, remote locking, e/windows, e/mirrors, cruise control, CD player, 17,000 miles only
Was £7,995 Now £6,995 SOLD

2007 (57) Citroen C4 Picasso 1.6 Diesel, mauve, alloy wheels, air con, remote locking, cruise control, parking sensors, e/windows, e/mirrors, CD player, 7 seater, 40,000 miles only, one owner
Was £7,995 Now £6,995

2011 (61) Vauxhall Meriva 1.4, beige, air con, remote locking, cruise control, e/ windows, e/mirrors, parking sensors, one owner, 33,000 miles only
Was £7,495 Now £6,495

2008 (08) Ford C-Max Zetec, blue, alloy wheels, power steering, e/mirrors, one owner, ABS, air con, 48,000 miles, remote clocking, multiple airbags, e/windows, CD player
Was £7,495 Now £6,495 SOLD

2007 (07) Renault Scenic 1.5 DCi, beige, alloy wheels, air con, remote locking, cruise control, e/windows, e/mirrors, 73,000 miles
Was £4,995 Now £4,395

2006 (56) Renault Laguna 2.0, silver, alloy wheels, air con, half leather, sat nav, remote locking, e/windows, e/mirrors, CD player, 39,000 miles, one owner
Was £4,995 Now £3,995

2006 (56) Renault Laguna 2.0, silver, alloy wheels, air con, remote locking, cruise control, e/windows, e/mirrors, CD player, 39,000 miles only
Was £4,995 Now £3,995

IDEAL FIRST CARS

2010 (60) Mini One Diesel 1.6, yellow, air con, remote locking, e/windows, e/mirrors, CD player, 40,000 miles £20 road tax
Was £8,995 Now £7,995

2011 (11) Fiat 500 0.9, red, alloy wheels, air con, remote locking, e/windows, e/mirrors, panoramic roof, £20 a year tax, cheaper insurance, 26,000 miles only
Was £7,995 Now £6,995

2011 (61) Vauxhall Corsa 1.3 CDTi, grey, air con, remote locking, e/windows, e/mirrors, one owner, 39,000 miles only
Was £7,495 Now £6,495

2011 (61) Nissan Micra 1.2 New Shape, grey, remote locking, e/windows, CD player, ideal first car, cheaper tax & insurance, 34,000 miles only
Was £6,995 Now £5,995

2011 (61) Peugeot 107 1.0, blue, alloy wheels, air con, remote locking, e/ windows, £20 a year tax, CD player, 20,000 miles only, one owner
Was £6,995 Now £5,695

2011 (11) Peugeot 107 1.0, blue, central locking, e/windows, CD player, ideal first car, £20 a year tax, cheaper insurance, 28,000 miles only
Was £6,295 Now £5,295

2008 (08) Nissan Micra 1.2, blue, alloy wheels, air con, remote locking, e/ windows, e/mirrors, 40,000 miles only
Was £6,495 Now £4,695

2008 (08) Ford Fiesta 1.25, purple, air con, remote locking, e/windows, e/mirrors, CD player, 45,000 miles
Was £5,395 Now £4,395

CONVERTIBLES

2003 (03) Mercedes SL350 Auto, silver, alloy wheels, climate control, heated electric leather memory seats, cruise control, Sat Nav, parking sensors, e/windows, e/mirrors, electric hood hard top, 59,000 miles
Was £13,995 Now £11,995

2008 (08) Ford Focus 2.0 CC, red, alloy wheels, air con, electric power hood, remote locking, parking sensors, e/windows, e/mirrors, CD player, 53,000 miles only
Was £6,495 Now £5,495

2003 (52) BMW 320 2.2 Auto Convertible, blue, alloy wheels, air con, remote locking, electric leather seats, cruise control, parking sensors, e/windows, e/mirrors, electric power hood, 33,000 miles only
Was £5,995 Now £4,595

2004 (04) Renault Espace 2.2 DCi, blue, air con, remote locking, e/windows, e/mirrors, 90,000 miles
Was £3,995 Now £2,995

2006 (06) Peugeot 307cc 2.0 Hdci, blue, alloy wheels, air con, remote locking, half leather seats, e/windows, e/mirrors, parking sensors, CD player, electric hood, 49,000 miles only
Was £4,995 Now £3,995

2007 (07) Peugeot 207 CC 2.0 Diesel, black, alloy wheels, air con, remote locking, leather seats, electric power hood, e/windows, e/mirrors, 80,000 miles
Was £4,995 Now £3,995 SOLD

2006 (56) Renault Megane Convertible 1.6, silver, alloy wheels, air con, remote locking, electric hood, e/windows, e/mirrors, CD player, 53,000 miles only
Was £4,995 Now £3,995

2002 (02) Ford Focus 2.0, 3dr, white, alloys, a/c, 85k
£1,500

2002 (52) Vauxhall Astra 1.4, grey, a/c, remote locking, 100k
£750

PART EXCHANGE

2001 (Y) Mercedes E280 Automatic, silver, alloys, leather, 66k
£1,650

2002 (02) Ford Focus 2.0, 3dr, white, alloys, a/c, 85k
£1,500

2002 (52) Vauxhall Astra 1.4, grey, a/c, remote locking, 100k
£750

2008 (08) Ford Fiesta 1.25,



£4,395
purple, air con, remote locking, e/windows, e/ mirrors, CD player, 45,000 miles

2007 (57) Renault Megane 1.6



£3,495
blue, alloy wheels, air con, remote locking, e/ windows, e/mirrors, cruise control, CD player, 57,000 miles

2006 (06) Peugeot 307cc 2.0 Hdci



£3,995
blue, alloy wheels, air con, remote locking, half leather seats, e/windows, e/mirrors, parking sensors, CD player, electric hood, 49,000 miles

2008 (58) Renault Koleos 2.0 Diesel 4x4



£6,995
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CARS FROM £10 PER WEEK

(59) Renault Twingo 1.2 Freeway, in satun, immaculate condition through-out, low mileage, fitted with a vast array of factory extras, very economical £3695 or £16pw
 (60) Peugeot 307 S HDi Diesel 5DR, in silver, low mileage, one previous keeper, FSH, fitted with air con, CD, abs, full electric pack and more, value £3695 or £16pw
 (66) Toyota Aygo Plus 5DR, in grey, one previous keeper, low mileage, FSH, immaculate condition, very economical, only £20 RFL, amazing value £3695 or £16pw
 (68) Hyundai i10 Style 5DR, in satun, one previous keeper, low mileage, main dealer FSH, superb condition, fitted with many factory extras, value £3995 or £17pw
 (69) Vauxhall Tigra Exclusive Convertible, in blue, immaculate condition, low mileage, FSH, full leather, air con, alloys, full electric pack and more £3995 or £17pw
 (70) Smart City Passion Softouch Auto Convertible, in grey & silver, immaculate condition through-out, very economical, £30 RFL, great value at £3995 or £17pw
 (71) Hyundai i10 Classic 5DR, in grey, one previous keeper, low mileage, FSH, very economical, only £30 RFL, with air con, CD, full electric pack £3995 or £17pw
 (72) Mitsubishi Colt CZC2 Convertible, in blue, immaculate condition, low mileage, FSH, alloys, air con, sports seats, full electric pack and more £3995 or £17pw
 (73) Nissan Micra Visia Convertible, in blue, one previous keeper, low mileage, FSH, alloys, Bluetooth, panoramic electric convertible roof and more £3995 or £17pw
 (74) Citroen C1 Rhythm 5DR, in grey, low mileage, FSH, very economical, only £20 RFL, air con, CD, full electric pack and more, great value at £4295 or £18pw

CARS FROM £20 PER WEEK

(54) Mini Cooper S, in sunburst, immaculate condition, low mileage, FSH, half leather, alloys, air con, cruise control, 6 speed, chrome pack and more £4995 or £20pw
 (58) Peugeot 308 SE 5DR, in silver, one owner, low mileage, FSH, with pan roof, alloys, climate control, auto lights, full electric pack and more, superb £4995 or £20pw
 (57) Hyundai Coupe SII, in black, low mileage, one previous keeper, FSH, full leather, alloys, climate/cruise control, electric sunroof and much more £4995 or £20pw
 (12) Nissan Micra Visia 5DR (New Shape), in black, one owner, low mileage, FSH, very economical, £30 RFL, fitted with many factory extras, value £4995 or £20pw
 (60) Peugeot 207 S 5DR, in silver, one owner, main dealer FSH, air con, abs, CD player, full electric pack and much more, superb condition through-out £4995 or £20pw
 (67) Suzuki Jimny JLX, in satun, one owner, low mileage, FSH, immaculate condition through-out, with many factory fitted extras, value at £5295 or £22pw
 (67) Volkswagen Golf Match FSI 5DR, in silver, one previous keeper, low mileage, FSH, alloys, air con, 6 speed, abs, CD, full electric pack and more £5295 or £22pw
 (67) Mini One 1.4, in blue, superb condition through-out, FSH, fitted with alloys, air con, push button start, abs, full electric pack and more, stunning £5495 or £23pw
 (59) Renault Megane Dynamique 5DR, in silver, one owner, FSH, fitted with alloys, air con, Bluetooth, full electric pack and more, superb condition £5695 or £24pw
 (61) Kia Picanto 1.0 5DR, choice of 3 in black or silver, all low mileage, remainder of manufacturers warranty, air con, alloys and more, RFL exempt, value from £6,695
 (68) Vauxhall Astra Sri CDTI Diesel, in silver, one previous keeper, superb condition, with alloys, air con, CD player, full electric pack and more £5695 or £24pw
 (67) Toyota Yaris T Zinc 2 D-4d Diesel Auto 5DR, in silver, one owner, low mileage, FSH, very economical, only £30 RFL, fitted with many extras £5695 or £24pw
 (66) Mini One Convertible, in black, immaculate condition, low mileage, FSH, alloys, air con, parking sensors, full electric pack and more, superb £5695 or £24pw
 (67) Ford C-Max Zetec Auto, in silver, one owner, low mileage, FSH, fitted with alloys, air con, abs, full electric pack and more, immaculate condition £5695 or £24pw
 (12) Vauxhall Astra Sportive CDTI Diesel 125 Van, in silver, one previous keeper, FSH, immaculate condition, Bluetooth, 6 speed and more, value £5695 + VAT
 (59) Toyota Yaris T Spirit D-4d Diesel 5DR, in silver, one previous keeper, FSH, £20 RFL, alloys, air con, abs, full electric pack and more, value at £5695 or £24pw
 (61) Renault Grand Modus Dynamique Auto 5DR, in black, low mileage, FSH, half leather, air con, auto lights, abs, full electric pack and more £5695 or £24pw
 (61) Renault Wind 1.6 Dynamique Convertible, in satun, one owner, 20,000 miles, main dealer FSH, alloys, air con, half leather and more, superb £5995 or £25pw
 (03) Jaguar XJ6 V6 SE Auto, in British racing green, one owner, FSH, alloys, climate/cruise, leather electric memory seats, Bluetooth, parking sensors £5995 or £25pw
 (11) Mazda 2 Takuya 1.3 5DR, in silver, low mileage, one previous keeper, FSH, very economical, only £30 RFL, fitted with many factory extras, value £5995 or £25pw
 (09) Peugeot 207 CC Sport Convertible, one previous keeper, low mileage, main dealer FSH, air con, alloys, power hood, full electric pack and more £5995 or £25pw

CARS FROM £30 PER WEEK

(59) Volvo C30 R-Design, in grey, one owner, low mileage, FSH, fitted with full leather, alloys, climate/cruise control, parking sensors and much more £7495 or £30pw
 (61) Peugeot Partner Tepee Outdoor HDi Diesel MPV, in grey, low mileage, FSH, fitted with many factory extras, immaculate condition through-out £7495 or £30pw
 (66) Volvo XC70 D5 SE Diesel Auto Estate, in satun, one owner, main dealer FSH, low mileage, full leather, alloys, air con, cruise, abs and more £7495 or £30pw
 (07) Ford Focus ST-3 5DR, in blue, immaculate condition, fitted with, full leather heated sports seats, alloys, air con, 6 speed, stability control, superb £7495 or £30pw
 (07) Mercedes B180 SE CDI Diesel Auto MPV, in silver, one previous keeper, FSH, full leather, climate/cruise control, Bluetooth, alloys and more £7695 or £33pw
 (12) Citroen C4 VTR Plus Auto 5DR, in satun, one owner, low mileage, FSH, alloys, air con, cruise control, Bluetooth, full electric pack and more £7695 or £33pw
 (61) Chevrolet Orlando LT 7 Seater Auto 5DR, in black, one owner, 20,000 miles, FSH, air con, alloys, full electric pack and more, immaculate condition £7695 or £33pw
 (08) BMW 318i SE Auto, in blue, low mileage, fitted with a vast array of factory extras, top specification vehicle, immaculate condition through-out £7995 or £34pw
 (63) Citroen C3 VTR Plus 5DR (New Shape), in white, low mileage, one owner, main dealer FSH, alloys, climate control, Bluetooth and more, superb £7995 or £34pw
 (61) Honda Jazz EX 5DR, in grey, one owner, low mileage, FSH, fitted with pan roof, alloys, climate/cruise control, full electric pack and more, superb £7995 or £34pw
 (61) Peugeot 308 Sport E-HDI Diesel Auto 5DR, in grey, one owner, main dealer FSH, climate/cruise, Bluetooth, parking sensors, alloys and more £8695 or £36pw
 (09) Audi A4 TFSI, finished in black, one owner, FSH, immaculate condition through-out, fitted with a vast array of factory extras, stunning example £8695 or £36pw
 (61) Vauxhall Insignia SRI CDTI Diesel, in grey, one owner, low mileage, FSH, alloys, cruise/climate/traction control, Bluetooth and much more, Superb £8695 or £36pw
 (61) Peugeot 308 Active HDi Diesel 5DR, in black, low mileage, FSH, immaculate condition, alloys, air con, CD, full electric pack and much more £8695 or £36pw
 (61) Renault Scenic Dynamique Tomtom DCI Diesel Auto, in satun, one owner, main dealer FSH, sat nav, Bluetooth, climate/cruise control, superb £8695 or £36pw
 (10) BMW 318i ES, in silver, low mileage, FSH, fitted with, alloys, air con, stability/traction control, full electric pack and more, superb inside and out £8995 or £38pw
 (61) Mini One Convertible, in white, one owner, main dealer FSH, fitted with a vast array of factory extras, immaculate condition through-out, superb £8995 or £38pw

CARS FROM £10 PER WEEK

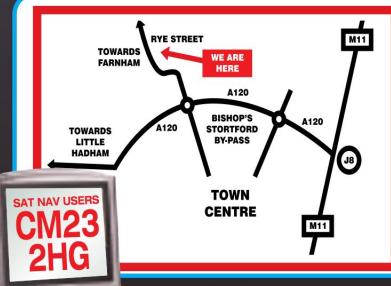
(10) Nissan Micra N-Tec 5DR, in silver, one owner, low mileage, main dealer FSH, with air con, Bluetooth, CD, full electric pack and more, superb £4495 or £18pw
 (08) Vauxhall Zafira 1.6 Exclusive 7 Seater, in black, one previous keeper, FSH, superb condition through-out, fitted with many factory extras £4695 or £19pw
 (08) Toyota Auris 1.6 T-Spirit 5DR, in blue, one owner, FSH, with extras including alloys, air con, cruise/traction control, full electric pack and more £4695 or £19pw
 (11) Kia Picanto 5DR, in black, one previous keeper, low mileage, FSH, very economical, only £30 RFL, remainder of Kia 7 year warranty, value £4695 or £19pw
 (10) Nissan Micra Visia 5DR, in black, low mileage, FSH, immaculate condition through-out, fitted with a vast array of factory extras, great value at £4695 or £19pw
 (09) Citroen C1 Splash 5DR, in blue, low mileage, one previous keeper, FSH, very economical, only £20 RFL, fitted with many factory extras, value £4695 or £19pw
 (09) Smart ForTwo Coupe Passion Auto, in white, low mileage, FSH, very economical, only £20 RFL, with sunroof, air con, alloys, privacy glass £4695 or £19pw
 (06) Mini Cooper, in sunburst, one owner, low mileage, main dealer FSH, full leather, air con, alloys, full electric pack and more, great value at only £4695 or £19pw
 (07) Honda Jazz DSi Sport 5DR, in silver, low mileage, FSH, air con, CD player, full electric pack and more, super condition through-out £4695 or £19pw

CARS FROM £20 PER WEEK

(13) Citroen C1 1.0 VTR 5DR, in grey, one owner, low mileage, main dealer FSH, very economical, RFL exempt, fitted with many factory extras, value £5995 or £25pw
 (05) Volkswagen Golf GT FSI 5DR, in black, one owner, FSH, only 35,000 miles, 6 speed, alloys, air con, sports seats, full electric pack and more £5995 or £25pw
 (06) Kia Sorento 1.7 CRDI Diesel Auto 5DR, in black, fitted with alloys, full leather electric heated seats, climate/cruise control, full electric pack £5995 or £25pw
 (08) Volkswagen Beetle Luna, in black, one previous keeper, low mileage, FSH, immaculate condition through-out, fitted with many factory extras £5995 or £25pw
 (06) Alfa Romeo Brera Coupé, in silver, superb condition, FSH, full leather heated seats, Bluetooth, pan roof, 6 speed, parking sensors, cruise control £5995 or £25pw
 (10) Peugeot 308 S Auto 5DR, in grey, one owner, low mileage, FSH, immaculate condition through-out, fitted with many factory extras, great value at £5995 or £25pw
 (59) Hyundai i30 Comfort 5DR, in blue, low mileage, FSH, immaculate condition through-out, fitted with a vast array of factory extras, great value at £5995 or £25pw
 (60) Kia Venga 2 5DR, in silver, low mileage, low insurance, main dealer FSH, remainder on manufacturers warranty, with many factory extras, value at £5995 or £25pw
 (58) Ford CMax Titanium TDCi Diesel, in blue, one previous keeper, FSH, pan roof, full leather, climate control, Bluetooth, auto lights and more £6495 or £26pw
 (09) Citroen C4 Grand Picasso VTR Plus HDi Diesel Auto 7 Seater, in mauve, low mileage, one previous keeper, fitted with many factory extras £6495 or £26pw
 (12) Citroen C3 Picasso VTR Plus HDi Diesel 5DR, in blue, one owner, low mileage, FSH, very economical, only £30 RFL, fitted with many extras £6495 or £26pw
 (11) Vauxhall Corsa 1.4 SE 5DR, in grey, one previous keeper, main dealer FSH, half leather, heated seats, air con, cruise control and more, superb £6495 or £26pw
 (12) Toyota IQ, in black, one owner, low mileage, main dealer FSH, fitted with air con, alloys, abs, CD player, full electric pack and more, great value at £6495 or £26pw
 (61) Kia Soul 2 CRDI Diesel 5DR, in silver, one owner, low mileage, main dealer FSH, alloys, air con, full electric pack, abs, CD and more, value at £6695 or £28pw
 (09) Mercedes A Class SE Avantgarde Diesel 5DR, in silver, low mileage, FSH, fitted with alloys, climate control, half leather, Bluetooth and more £6995 or £29pw
 (08) Audi A3 Sportback TFSI T SE Auto, in silver, one previous keeper, FSH, with alloys, climate/traction control, full electric pack and more, stunning £6995 or £29pw
 (62) Smart ForTwo Passion Auto, in black, one owner, FSH, RFL exempt, sat nav, pan roof, Bluetooth, alloys, full electric pack and more, great value £6995 or £29pw
 (58) Toyota Corolla Verso SR 0-40 Diesel 7 Seater, in silver, one owner, FSH, superb condition through-out, fitted with many factory extras, value £6995 or £29pw
 (62) Nissan Micra Acenta Auto 5DR, in black, one owner, FSH, immaculate condition through-out, fitted with a vast array of factory extras, great value £6995 or £29pw
 (08) Suzuki Grand Vitara 5DR Auto, in blue, low mileage, service history, alloys, climate/cruise control, CD player, full electric pack and more £6995 or £29pw

CARS FROM £30 PER WEEK

(57) Mercedes C180 Kompressor SE Auto, in grey, immaculate condition, full leather, alloys, climate control, full electric pack and more, stunning £8995 or £38pw
 (61) Nissan Qashqai Acenta DCI Diesel 5DR, in white, one owner, low mileage, main dealer FSH, alloys, climate/cruise, Bluetooth, parking sensors £9295 or £39pw
 (63) Fiat 500 Lounge Dualogic Auto, in black, one owner, FSH, only 9,000 miles, very economical, just £20 RFL, air con, Bluetooth, full electric pack £9495 or £40pw
 (13) Peugeot 500 E-HDI Diesel Allure Auto, in black, one previous keeper, FSH, only £20 RFL, sat nav, full leather, Bluetooth, climate/cruise control £995 or £42pw
 (58) BMW 318i SE Auto, in grey, one owner, FSH, only 24,000 miles, full leather, climate/cruise control, parking sensors, alloys and much more, superb £10,995 or POA
 (07) Mercedes SLK200 Kompressor Auto Convertible, in blue, one owner, low mileage, FSH, leather electric heated sports seats, climate/cruise £10,995 or POA
 (11) Audi A3 Sportback TDI S-Line Diesel 5DR, in blue, one owner, main dealer FSH, sat nav, full leather, Bluetooth, climate/cruise, parking sensors £12,495 or POA
 (61) Audi A1 S-Line Diesel, stunning condition through-out, low mileage, fitted with a vast array of factory extras including half leather, superb spec £12,695 or POA
 (11) Ford Galaxy Zetec TDCi Diesel 7 Seater, in midnight, one owner, main dealer FSH, alloys, climate control, Bluetooth, parking sensors and more £12,995 or POA
 (12) Volkswagen Scirocco GT TDI Diesel Bluemotion Auto, one previous owner, low mileage, FSH, adaptive chassis control, stop start, Bluetooth £13,495 or POA
 (08) Land Rover Freelander Td4 HSE Diesel 4x4, in black, low mileage, FSH, leather electric heated seats, sat nav, pan roof, climate and more £14,695 or POA
 (61) Audi Q5 TDI Quattro SE Diesel Estate, in black, FSH, 6 speed, full leather, climate/stability/control, alloys, parking sensors and more £15,995 or POA
 (13) Renault Megane RenaultSport SS 225 Coupe, in grey, one owner, FSH, full leather heated sports seats, climate/cruise, Bluetooth and more £15,995 or POA
 (12) Isuzu Rodeo TD Denver Max LE Diesel Pick-up, in black, one owner, 7000 miles, FSH, cab, full leather heated seats, sat nav, Bluetooth £16,995 + VAT or POA
 (11) Mitsubishi Shogun Elegance Diesel Auto LWD 7 Seater, in black, one owner, FSH, full leather heated seats, sat nav, Bluetooth, parking camera £16,995 or POA
 (09) Audi Q7 Quattro S-Line TDI Diesel Auto 7 Seater, in blue, full leather electric heated seats, Bluetooth, cruise/climate control, superb spec vehicle £21,995 or POA



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Cash price on the road inc 3 years servicing plan	£14,900.00
DEPOSIT KEN BROWN MOTORS PAY THIS FOR YOU	£2,150.00
Amount of credit	£12,750.00
Total interest charges	£2321.98
Interest rate (fixed for duration of agreement)	4.58%
Representative	8.9% APR
36 monthly payments of	£92.43
1 final payment of	£4,591.50
The guaranteed future value is	£4,544.50
Total amount payable inc. deposit	£17,221.98
Duration of agreement	37 months

Rio 1.25 Special Edition VR-7 5 Door, White

Cash price on the road inc 3 years servicing plan	£12,195.00
DEPOSIT KEN BROWN MOTORS PAY THIS FOR YOU	£1,225.00
Amount of credit	£10,970.00
Total interest charges	£2008.44
Interest rate (fixed for duration of agreement)	4.58%
Representative	8.9% APR
36 monthly payments of	£249.54
1 final payment of	£3,995.00
The guaranteed future value is	£3,995.00
Total amount payable inc. deposit	£14,203.44
Duration of agreement	37 months

Kia Venga '1 Air Ecodynamics 1.4 Petrol 5 Door

Cash price on the road	£13,085.00
DEPOSIT KEN BROWN MOTORS PAY THIS FOR YOU	£1,500.00
Amount of credit	£11,585.00
Total interest charges	£2062.06
Interest rate (fixed for duration of agreement)	4.58%
Representative	8.9% APR
36 monthly payments of	£274.96
1 final payment of	£3,748.50
The guaranteed future value is	£3,748.50
Total amount payable inc. deposit	£15,147.06
Duration of agreement	37 months

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11 (11) NISSAN MICRA 1.2 TENKA 5 SPEED, Grey, 21,000 Miles, Climate Control, Air Conditioning, Front Fog Lamps, Cruise Control, Alloy Wheels, Electric Windows, Remote Central Locking	£6,495
09 (59) FORD FOCUS 1.6 ZETEC 5DR, Met Blue, 32,000 Miles, Air Conditioning, Alloys, Electric Windows, Remote Central Locking	£6,795
£8,001 to £12,000	
12 (62) KIA PICANTO 1.25 AUTOMATIC '2, Black, 6,000 Miles Only, Alloys, Remote Central Locking, Electric Windows, Bluetooth, Kia Warranty Until 10/2010	£7,995
12 (62) PEUGEOT 308 DIESEL 1.6 HDI 92 ACCESS 5DR, Met Blue, 24,000 Miles, Air Conditioning, Electric Windows, All Round Driver, Passenger and Curtain Air Bags, Remote Central Locking	£7,995
10 (10) KIA CARENS 2.0 DIESEL 7 SEATER AUTOMATIC '05, Silver, 21,000 Miles, Air Conditioning, Parking Sensors, Alloy Wheels, Electric Windows, Remote C/Locking, Under Kia Warranty Until 07/2017	£7,995
11 (61) VAUXHALL MERIVA 1.7 DIESEL EXCLUSIVE 6 SPEED MANUAL, Black, Only 12,000 miles, Front and Rear Parking Sensors, Air Conditioning, Remote C/Locking	£7,999
12 (12) FORD FIESTA 1.25 ZETEC 5DR, Black, 20,000 Miles Only, Air Conditioning, Electric Windows, Remote Central Locking, Radio/CD, 12 Months Warranty	£7,999
09 (09) CHEVROLET CAPTIVA 2.0 LT VCDI DIESEL 4X4, Silver, 33,000 Miles, Air Conditioning, Alarm, Alloys, Front Fog Lights, Driver/Passenger/Curtain Air Bags	£8,995
12 (62) KIA VENGA 1.6 2' AUTOMATIC, Met Blue, 15,000 Miles, Air Conditioning, Alloys, Electric Windows, Remote Central Locking	£8,999
13 (63) KIA RIO 1.1 DIESEL '1 AIR 5 DR, Silver, 8,000 Miles Only Miles, Air Conditioning, Bluetooth, £30.00 Per Year Road Tax, Electric Windows, Remote Central Locking, Kia Warranty Until 12/2020	£9,495
14 (64) KIA PICANTO 1.2 5DR '2, Black, 2,000 Miles Only, Bluetooth, Alloys, Air Conditioning, Remote Central Locking, Electric Windows x4, Front Fog Lamps, Kia Warranty Until 12/2021	£9,495
13 (63) HYUNDAI I20 ACTIVE 5DR AUTOMATIC, Silver, 7,000 Miles Only, Air Conditioning, Front Fog Lamps, Heated Door Mirrors, Alloy Wheels, Under Hyundai Warranty Until 09/2018	£9,995
13 (63) KIA RIO 1.4 5DR '2, Ex Demo, Met Blue, 3,000 Miles, Air Conditioning, Alloys, Bluetooth, Front Fog Lamps, Electric Windows, Kia Warranty Until 09/2020	£10,480
14 (14) KIA RIO '2 5DR, Met Red, Only 3,000 Miles, Alloy Wheels, Air Conditioning, Electric Heated Mirrors, Electric Windows, Front Fog Lamps	£10,990
12 (62) NISSAN JUKE 1.6 TEKNA 5DR, Met Red, 17,000 Miles, Sat Nav, Reversing Camera, Alloy Wheels, Remote Central Locking, Electric Windows	£10,999
10 (10) AUDI A3 CABRIOLET 1.6 TECHNIK SPECIAL EDITION, Black, Automatic Electrically Operated Hood, Air Conditioning, iPod Pack	£11,750
14 (64) KIA VENGA 1.6 PETROL '2, White, Under 1,000 Miles, Air Conditioning, Alloy Wheels, Bluetooth, Electric Windows, Remote C/Locking, Under Kia Warranty Until 09/2021	£11,895
£12,001 to £30,995	
11 (11) KIA SPORTAGE 2WD 1.6 PETROL '2, White, 24,000 Miles Alloy Wheels, Air Conditioning Panoramic Glass Roof, Half Leather Interior, Bluetooth, Front Fog Lamps, Kia Warranty Until 08/2019	£13,995
14 (14) KIA CARENS 1.6 PETROL 7 SEATER MPV 5DR, Celestial Silver, 2,000 Miles Only, Bluetooth, Electric Windows And Mirrors, Remote Central Locking, Kia Warranty Until 03/2021	£14,499
13 (13) KIA SPORTAGE 1.7 DIESEL '1, Silver, 24,000 Miles, 6 Speed Gearbox, Bluetooth, Alloys, Electric Windows, Remote Central Locking, Air Conditioning, Kia Warranty Until 06/2020	£14,995
13 (13) KIA SPORTAGE 1.6 PETROL '1 5DR, Black, 10,000 Miles, Air Conditioning, Bluetooth, Alloy Wheels, Electric Windows, Electronic Windows and Mirrors, Rear Camera Warranty Until 07/2020	£14,999
14 (14) KIA VENGA 1.6 AUTOMATIC '3, Sirius Silver, 4,000 Miles, 7" Sat Nav Screen and Reversing Camera, Special Alloy Wheels, Climate Control Panoramic Glass Roof, Half Leather Interior, Kia Warranty Until 06/2021	£15,995
12 (12) KIA SPORTAGE 1.7 DIESEL '2, Black, 10,000 Miles, 6 Speed Gearbox, Panoramic Glass Roof, Cruise Control, Bluetooth, Alloys, Air Conditioning, Half Leather, Kia Warranty Until 04/2019	£15,995
14 (14) KIA SOUL 1.6 DIESEL AUTO (NEW MODEL) CONNECT PLUS, Titanium Silver, 400 Miles Only, Alloys, Climate Control, Fog Lamps, 7" Screen Sat Nav with Reversing Camera, Remote Central Locking	£16,295
11 (60) KIA SORENTO 2.2 DIESEL '3, 37,000 Miles, 7" Sat Nav Screen and Reversing Camera, Panoramic Sunroof, Leather Interior, Bluetooth, Kia Warranty Until 01/2018	£16,995
14 (64) KIA CEE'D 1.6 AUTOMATIC 5DR '3, White, Delivery Mileage, Climate Control Conditioning, Sat Nav With Reversing Camera, Alloy Wheels, Bluetooth, Front Fog Lamps, Kia Warranty Until 09/2021	£16,999
13 (62) KIA SPORTAGE 1.7 DIESEL '3 2WD, MET ORANGE, 27,000 Miles, Panoramic Glass Roof, Special Alloy Wheels, Bluetooth, Full Leather Interior, Cruise Control, Climate Control, Kia Warranty Until 01/2020	£17,495
13 (13) KIA SPORTAGE 2.0 PETROL KX-2 4WD 4X4, Met Blue, 10,000 Miles, Panoramic Glass Roof, Half Leather Interior, Bluetooth, Alloy Wheels, Cruise Control, Air Conditioning, Kia Warranty Until 03/2020	£17,495
14 (64) KIA CARENS 1.7 DIESEL 7 SEATER AUTOMATIC '2, Titanium, Delivery Mileage, Air Conditioning, Parking Sensors, Alloy Wheels, Bluetooth, Electric Windows, Remote C/Locking, Under Kia Warranty Until 09/2021	£17,999
14 (64) KIA CEE'D 16 GT 'TECH 5 DR, White, 4,000 Miles, 7" Sat Nav Screen and Reversing Camera, Ice Cube Front Fog Lamps, Bluetooth, Special Alloy Wheels, Climate Control, Kia Warranty Until 09/2021	£18,995
10 (10) JAGUAR XF 3.0 DIESEL AUTOMATIC PREMIUM, Met Grey, 34,000 Miles, 6" Sat Nav Screen, Full Leather Interior, Climate Control, Alloy Wheels, Heated Front Seats, Cruise Control	£18,995
14 (64) KIA SORENTO 2.2 DIESEL AUTOMATIC 4WD DIESEL '3, Black, 4,000 Miles, 7" Sat Nav Screen and Reversing Camera, Special Alloy Wheels, Climate Control, Panoramic Glass Roof, Leather Interior, Kia Warranty Until 09/2021	£18,995

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RAV4 Icon 2.2 D-4D AWD Manual. Official Fuel Consumption Figures in mpg (l/100km): Urban 44.6 (6.3), Extra Urban 60.9 (4.6), Combined 53.0 (5.3). CO₂ Emissions 137g/km.

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Fuel consumption figures for the CR-V 1.6 SE in mpg (l/100km): Urban 61.4 (4.6), Extra Urban 67.3 (4.2), Combined 64.2 (4.4). CO₂ emissions: 115g/km. Fuel consumption figures sourced from official EU-regulated laboratory test results, are provided for comparison purposes and may not reflect real-life driving experience.

Model Shown: CR-V 1.6 i-DTEC SE 2WD Manual in Passion Red Pearl at £26,120 On The Road (OTR). Terms and Conditions: New retail 15YM CR-V ordered from 14-31 March 2015, and registered by 31 March 2015. Subject to model and colour availability. Offers applicable at participating dealers and are at the promoter's absolute discretion. *Up to 160 BHP only available on CR-V 1.6 i-DTEC SE, SR & EX 4WD variants. 5 Years Complimentary Servicing includes: All scheduled servicing, as detailed in the vehicles service book, will be covered for 5 years or 62,500 miles, whichever comes first. 5 Years Complimentary Servicing is optional. Usual value £1,545 (petrol models) to £1,845 (diesel models) including VAT, resulting in up to a £1,845 saving for the customer) and is available to finance or non-finance customers. Please note, should you sell the vehicle during the period of cover, the package remains with the vehicle.

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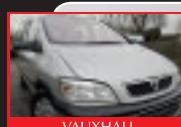
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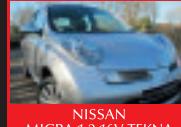
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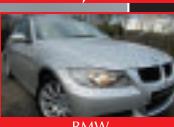
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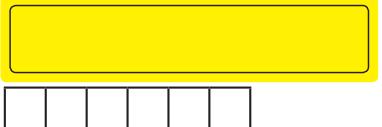
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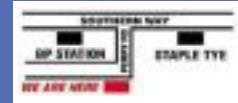
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Help people to
live the lives
they choose

Hft is a national charity committed to ensuring that people with learning disabilities have the support they need to enjoy the opportunities that life offers. We currently have the following opportunities where we are looking to recruit warm and friendly individuals to join our new and existing services as part of our Herts & Essex team:

Support Worker

Bishops Stortford area, Full Time position(s)
37.5 hours/wk, £8.26 - £8.81 ph (dependent on successful completion of probation and completing NVQ Level 2)

Applicants for the Support Worker posts will be required to work shift patterns over seven days a week including the occasional sleep-ins.

Relief Support Worker

Bishops Stortford area
£7.44 ph (dependent on successful completion of probation and completing NVQ Level 2)

You will be required to work shift patterns across a seven day week.

The services support individuals in their homes, located within the Bishops Stortford area; to develop and gain everyday life skills through involvement and participation.

You should be keen to develop both yourself and the individuals we support to ensure full potential is achieved. You will be welcomed into the team and coached along the way.

You will require the ability to work collaboratively with colleagues and other agencies, but must also be self-motivated and be passionate about promoting independence and active lifestyles.

For further information on either role and an application form, please visit www.hft.org.uk and go to the 'jobs' section. Contact Chris Williams on 01279 816165.

Closing date: Friday 3rd April 2015.

Interviews: commence following week.

Successful applicants will be required to undertake an enhanced disclosure check and a check against the ISA Vulnerable Adults list through the Disclosure & Barring Service. However a criminal record may not necessarily bar you from employment. Hft is committed to equal opportunities and welcomes applications from all sections of the community.

Registered Charity: 313069
www.hft.org.uk



Haileybury

Grounds and Gardens Staff

Full Time

38.75 hours per week

A committed and capable individual is required to work within the Grounds and Gardens Department in this outstanding independent boarding school. The primary responsibilities of the role are to undertake the full range of Grounds and Gardens activities required in order to maintain and develop the Haileybury site. The successful candidate will have a minimum of 2 years' experience in the field of Groundsmanship and/or horticulture, experience in maintaining sports grounds to a high standard in an educational environment or within the turf industry and be qualified to at least NVQ level 2 in a related subject. Having PA1/PA2/PA6 Certificates would be an advantage. In addition, they will have good communication skills and have the ability to work as part of a team.

For an application pack, please visit <http://www.haileybury.com/community/vacancies/nonacademic/> or, alternatively, please contact Human Resources, on 01992 706379.

For an informal discussion, please contact Mr Eamonn Murphy, Grounds and Gardens Manager, on 01992 706435.

Closing Date: Tuesday 31 March 2015.

Haileybury is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment. Applicants for the above post must be willing to undergo child protection screening, including reference checks with previous employers and a criminal record check via the Disclosure and Barring Service.

www.luton.gov.uk/jobs

A Partnership between Bedfordshire Police, Luton Borough Council, Luton Clinical Commissioning Group, Luton Health & Wellbeing Board & the National Probation Service
We are a service with a long standing reputation for high performance. We offer a positive, dynamic and friendly working environment with staff who are enthusiastic, well motivated and committed to preventing offending by young people.



Youth Justice Assistant

2 posts each 18.5 hours per week

£24,472 - £27,123 pa pro rata plus enhancements for evenings and weekend work and mileage allowance

You will assist in all aspects of the work of the Youth Offending Service including undertaking assessments, interventions, acting as Appropriate Adult under PACE, supervising activities including reparation & unpaid work, community surveillance, transporting young people & family members, and supporting young people especially those living independently to achieve the Service's core aim to prevent offending and re-offending.

As well as daytime working, the nature of this post will include working evenings, weekends and bank holidays on a rota basis.

Business Manager

37 hours per week

£27,123 - £29,558

You will contribute to the overall management of the Youth Offending Service including the provision of flexible, effective & efficient administrative, reception, facilities management and information support across the Youth Offending Service; line manage administration employees, monitor Youth Offending Service budgets and provide financial and lead administrative support to the Head of Service.

You will require AAT accounting qualification or equivalent practical experience and have substantial office experience including developing, managing and maintaining complex administrative systems and procedures.

Intensive Family Worker

37 hours per week

£24,472 - £27,123 plus enhancements for evenings and weekend work and mileage allowance

You will provide intensive family interventions with the aim of reducing anti-social behaviour, offending and enabling families to make changes in their day to day lives thus improving. You will contribute to a whole 'whole family' approach in partnership with other YOS staff and partner agencies to deliver effective services to address the needs of children and young people and their families.

As well as daytime working, the nature of this post will involve a flexible 37 hour working week including working daytime, evenings, weekends and bank holidays as required by the demands of the job which may differ depending on the needs of individual families. Participation in an 'on-call' rota will be required to ensure families have access to support at all times

If you meet the above and are committed to providing a high quality service to young people, their families, victims and communities then we would like to hear from you.

Closing date: 5 April 2015

Apply now online at www.luton.gov.uk/jobs if you experience problems applying online, please call (01582) 546621 during office hours.

Please quote appropriate reference number.

Applicants must be willing to undergo child/vulnerable adult protection screening appropriate to the post, including checks with previous employers and a Criminal Record check.

We value equality because quality services need the best people - from the whole community.

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This is an opportunity to join a dynamic and flexible staff team committed to enabling our pupils to achieve more than they ever thought possible. Your professional development will be important to us.

Please see our website for further details and an application form. Visits welcome - to arrange an informal visit to the school please contact:

Mrs Maria Fuller, School Business Manager

Closing date for receipt of applications: 12th April 2015

Interview date: 24th April 2015

This School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. The successful applicant will need to undertake an Enhanced Disclosure and Barring Service check.

CLW



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Competitive salary and full training provided

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Based in Ware

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Duties including allocation of suppliers and sales invoices with data entry and credit control.

The successful candidate must have excellent communication skills and be highly computer literate.

please send CV and References to

info@mtefreightgroup.com

salary negotiable subject to experience

CLW

Haileybury

Health Centre Housekeeper

2.5 hours per week term time, 20 hours per week outside of term

An Individual is required to work within the Health Centre in this outstanding independent boarding school. The successful candidate will be reliable and punctual. The primary responsibilities are to ensure that allocated areas are cleaned to a high standard using general cleaning materials and cleaning equipment. In addition, the job holder will be required to undertake a range of duties to ensure the smooth running of the Health Centre including, but not limited to, answering the telephone, meeting and greeting visitors and providing refreshments to pupils.

For an application pack, please visit <http://www.haileybury.com/community/vacancies/nonacademic/> or, alternatively, please contact Human Resources, on 01992 706379.

For an informal discussion, please contact Dr Katie Parkinson, College Medical Officer, on 01992 706288.

Closing Date: Tuesday 31 March 2015.

Haileybury is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment. Applicants for the above post must be willing to undergo child protection screening, including reference checks with previous employers and a criminal record check via the Disclosure and Barring Service.

CLW

The Nursery Rooms is looking to appoint a qualified and experienced **Nursery Practitioner**, level 3 to join our team, playing a key role in ensuring all our children receive exceptional high standards of quality care. You must be loving, caring and passionate and have experience and a good understanding of the EYFS.

We are also looking for a **lunch time assistant**, 11.30-2.30 Mon - Fri, No Qualifications necessary For more information or to apply please contact Emma on 01279 866445 or email your CV to children@thenurseryrooms.co.uk

CLW



ADMINISTRATIVE SUPPORT

Administrative support required for busy Aviation Medical Centre at Stansted Airport.

The successful applicant will join our small friendly team and support our Practice Manager in preparation of medical paperwork, filing and computerisation of medical data, for which training will be provided.

This is a flexible part-time position covering approximately 12 hours a week.

Please email: jenny@aviation-medica.co.uk

CLW

If you're the Service Manager We're looking for.... You'll...

Have high standards, attention to detail and love managing staff, be eager to learn, grow and achieve above average results and salary.

You'll be responsible for 4 main roles at our offices in Bishops Stortford including managing service engineers and support staff, implementation of procedures and processes, setting and achieving targets & developing sales to new and existing contractors.

You will have had experience managing staff and looking after growth. Previous experience in an electrical and mechanical field would be useful, but not essential.

This is a great autonomous role within a rapidly expanding pump manufacturing and service company.

If you believe this role is for you, email a CV to ian@ppsgroupuk.com with a brief letter explaining why you would be suited to this position

Successful applicants will have a brief telephone interview prior to being invited to our offices



CLW

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Full time

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experience essential, good computer skills and telephone manner

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Areas & hours to suit. Car drivers preferred.

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The successful applicant should have an outgoing personality, be hard working and self motivated but also able to work well in a team.

An interest in physics/chemistry would be an advantage but not essential as full training would be given.

Please e-mail your CV to eva@luminescence.co.uk

FULL TIME PHARMACY COUNTER ASSISTANT

PHARMACY EXPERIENCE IS PREFERRED
Harlow Based email CV : nishi@metwest.co.uk

FULL TIME CHEF/COOK

Wanted to run our busy kitchen At The Rose & Crown, Stansted
Telephone 07802 706466 Email: barbara.marks2@btinternet.com

We require a semi-skilled technician to join our multi-franchise service department.

Excellent rates of pay and bonus scheme.

For an application form contact Peter Salvucci on 01279 412161

Closing date 27/03/2015

SEMI-SKILLED TECHNICIAN

We require a semi-skilled technician to join our multi-franchise service department.

Excellent rates of pay and bonus scheme.

For an application form contact Peter Salvucci on 01279 412161

Closing date 27/03/2015

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Social, Mental and Emotional Health (SMEH) Teaching Assistants and 1:1 tutors required in Chelmsford, Clacton and Harlow (temporary, long term and permanent) Our Client is a highly successful provider of education in London and the South East for vulnerable young people with Social, Mental and Emotional Health (SMEH) and Autism Spectrum Conditions (ASC) looking to appoint Teaching Assistants in their Essex Schools.

Key requirements are:

- Considerable experience in SEND, including challenging behaviour

Please apply with a CV to maria.takkou@tces.org.uk or call 020 85183779

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You will have:

- At least 6 months general sales experience
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- Be results driven
- Have a track record of achieving and exceeding sales targets
- A passion for working in a gym and leisure centre.

The successful candidate will be required to carry out customer follow up leads and generate additional sales of memberships. You will be willing to work a two week rota which includes some evening and weekend working.

If you are interested in this opportunity please telephone 01279 621512 or email lborthwick@harlowleisurezone.co.uk for a job description and application form giving your full name and address, you can alternatively access the application form online at www.harlowleisurezone.co.uk. The closing date for all applications is 3rd April 2015. If you do not hear from us within four weeks of the closing date please assume you have been unsuccessful on this occasion.

Harlow and District Sports Trust - Harlow Leisurezone, Second Avenue, Harlow, Essex CM20 3DT
A company limited by guarantee. Registered Charity number 301328

www.harlowleisurezone.co.uk

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Must be EXCEL literate

Please write, enclosing CV in the first instance to:

Mrs P Whitney
23 Hockrell Court, London Road
Bishop's Stortford
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CM23 5SB

E-mail: tricia.whitney@perrysaccounts.co.uk

LUMINESCENCE

Harlow Based Ink Manufacturer are looking to recruit a full time Junior Assistant. General office duties required. A good telephone manner is essential and the ability to work in a busy office environment.

Please e-mail your CV to eva@luminescence.co.uk

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email: leah.halliwell@kings-group.net

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F: (01279) 501333

E: sally.p@howegreenhouse.essex.sch.uk

W: www.howegreenhouseschool.co.uk

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**Hours: Monday - Friday 3.30pm - 5.30pm
term time only.**

Minimum qualification required NVQ 3 in Early Years Care & Education or equivalent.

Hourly rate of pay: Negotiable depending upon experience.

Please telephone or visit our website for an application form and further details of the above post. Email applications will not be accepted.

Closing date for applications is midday on Monday 23rd March.

Howe Green House is committed to the protection and safety of its pupils and therefore the successful candidate will be subject to a DBS Enhanced Check.

Howe Green House School is an equal opportunities employer.

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CONNEELY GROUP
Bricklaying & Facades

Office / Buying Junior

Due to the growth of the company we are now recruiting for an Office Junior, based at our head office in Stansted. Must have good computer skills and be literate, numerate and a good communicator. Duties include updating database records, filing, photocopying and communicating on the telephone and emails.

Email CV and covering letter to: Katie Cockerton

katie@cdl-ltd.co.uk

Closing Date is 27/03/2015 - No agencies

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Receptionist/ Administrator

15 hours p/w.

The ideal candidate must be enthusiastic, flexible with excellent IT and communication skills. Previous Primary Care or Reception experience an advantage. Application by CV to Karen Greaves Practise Manager kgreaves1@nhs.net

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IVORY bridesmaid dress 12yrs Girls empire lace Ivory bridesmaid dress from John Lewis size 12yrs. Has a pretty lace top layer and a beautiful bow waist tie to the back. Still in John Lewis now retail at £70. Worn once offered in excellent condition. From a smoke and pet free home. £40.00 ovno 07729 052061

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BABY boys babygro Used baby boy clothes. Good condition. Sizes birth to 3 months. £5.00 ovno 07984 516102 01438 217870

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Public Notices

Essex County Council

(Various Roads, Harlow and Epping Forest Districts) (Temporary Prohibition of Traffic) (No.1) Order 2015

Notice is hereby given that the Essex County Council intends, not less than seven days before the date of this notice, to make the above Order under Section 14(1) of the Road Traffic Regulation Act 1984.

Effect of the order: To temporarily close the various lengths of roads in the District of Harlow and Epping Forest as specified:

Road	Description	Alternative Route
A414, Harlow	Between its junctions with Edinburgh Way and First Avenue	A414, A1025 Second Avenue, A1029 Central Avenue, Allende Avenue, Fifth Avenue, A414 Edinburgh Way and vice versa.
A414, Harlow	Between its junctions with First Avenue and Church Langley Way	As above
A414, Harlow - Western carriageway	Between its junctions with Church Langley Way and Second Avenue	As above
A414, Harlow - Eastern carriageway	Between its junctions with Church Langley and Second Avenue	As above
A414, Harlow	Between its junctions with Second Avenue and Southern Way	A1169 Southern Way, Katherine's Way, A1025 Third Avenue, Second Avenue and vice versa.
Edinburgh Way, Harlow	Between its junctions with Fifth Avenue/Allende Avenue and Howard Way	A1019 Fifth Avenue, Allende Avenue, Velizy Avenue, Central Avenue, A1029 Second Avenue, A414 London Road, Edinburgh Way and vice versa.
Elizabeth Way, Harlow	From its junction with Edinburgh Avenue and a point 20 metres west of its junction with Parndon Mill Lane	A1019 Fifth Avenue, Allende Avenue, Velizy Avenue, Central Avenue, A1025 Third Avenue, A1169 Third Avenue, A1169 Elizabeth Way and vice versa.
Matching Road/Harlow Road, Matching Hobbs Cross	Between its junctions with the M11 bridge and Clifford Close, Matching Tye	Matching Road, High Laver Road, Workers Road, Hobbs Cross Road, Sheering Road, Mount Hall Road and vice versa.
Hobbs Cross	Between its junctions with Boar Head Road junction and the access to St Nicholas School, Churchgate	Chalk Lane, Matching Road, Moor Hall Road, Churchgate Street and vice versa.
Hobbs Cross	Between its junctions with Boar Head Road junction and New Way Lane	Boar Head Road, Green Lane and vice versa.

The closures are scheduled to commence within 18 months from 01 April 2015 or where appropriate signs are showing and weather permitting, and are required for the safety of the public and workforce while highway maintenance works are undertaken. Exact dates of the road closures will be notified via advanced warning signage on sites. Letters to residents and other affected or interested parties advising of the works/dates and other relevant information will also be sent out at least 2 weeks in advance.

Access for emergency service vehicles and pedestrians will be maintained at all times during the closure.

The Order will come into effect on 01 April 2015 and may continue in force for 18 months or until the works have been completed, whichever is the earlier.

(Burnt Mill, Harlow) (Temporary Prohibition of Traffic) Order 2015

Notice is hereby given that the Essex County Council intends, not less than seven days from the date of this notice, to make the above Order under Section 14(1) of the Road Traffic Regulation Act 1984.

Effect of the order: To temporarily close that length of Burnt Mill, in the District of Harlow from its junction with Elizabeth Way north then east for 400m.

The closure is scheduled to commence on 1st April 2015 for twenty-one days or where appropriate signs are showing and weather permitting.

The closure is required for the safety of the public and workforce while water main replacement works are undertaken.

The alternative route will be via Elizabeth Way.

Access for emergency service vehicles and pedestrians will be maintained at all times during the closure.

The Order will come into effect on 1st April 2015 and may continue in force for 18 months or until the works have been completed, whichever is the earlier.

Dated: 19 March 2015.

Liz Burr, Head of Network Management, County Hall, Chelmsford.

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CAROLINE, caring nurse, late 30's Brunette, doesn't get much time to socialise. **Text Only Box No: 4646233**

BECKY 23, classy blonde, long blonde hair, blue eyes seekings loving older guy to spoil and pamper her. Discretion assured/guaranteed. **Text Only Box No: 0906 500 3656 Box No: 416233**

BEV, life and soul with a naughty side, loves banter and saucy chat. **Text Only Box No: 415399**

MELANIE energetic young 45, seeks intelligent, understanding man to share exciting nights out and intimate nights in, maybe more. **Text Only Box No: 0906 500 3656 Box No: 416705**

SOPHIA young 40s, married but bored, seeks discreet adult fun, any area, all calls answered. **Text Only Box No: 0905 002 1880 Box No: 413399**

LYN 41, beautiful blonde, sexy green eyes, wicked and vivacious, seeks tall well built male to share wine, lots of laughter and naughtiness! **Text Only Box No: 0906 500 3656 Box No: 416679**

ADVENTUROUS sexy lady, 38ys, married but seeks no strings fun with discreet man, any age. I'm tall, slim and dominant. **Text Only Box No: 0905 002 1934 Box No: 415301**

KERRY 39, curly brunette, sensual, tactile, seeks cheeky, spontaneous guy to keep her company and make her smile again. **Text Only Box No: 0906 500 3656 Box No: 416599**

ANNE, mid 40's, cheerful busty curvy affectionate real woman! Seeks gent, any age or looks for nights at mine. **Text Only Box No: 0905 002 1950 Box No: 410291**

MARY 64y old widow, WLTM simular gent, 65-70, GSOH, likes days out, cinema, theatre, holidays. **Text Only Box No: 0906 500 3656 Box No: 416081**

DISCREET lady, 42ys wants to make you happy, come to me and let me do that for you. **Text Only Box No: 0905 002 1954 Box No: 409901**

LUCY stunning tall blonde, looking for exciting times, seeks like-minded, adventurous male who is willing to try anything once or maybe even twice! **Text Only Box No: 0906 500 3656 Box No: 416079**

CLARE, 29, works abroad but back for a few weeks, seeking new men friends. **Text Only Box No: 0906 500 3656 Box No: 4146497**

TARA, confident lady, long legs, long hair, seeks a saucy man of any age for daytime, no strings fun. **Text Only Box No: 0905 002 1910 Box No: 414701**

DEBORAH 41, intelligent blonde, lovely brown eyes, discreet, kind, seeks simular male to share fun and good conversation. **Text Only Box No: 0906 500 3656 Box No: 416077**

TRACY, 36ys, bubbie away on the rgs dec/jan, seeks discreet fun with clean chas any age. **Text Only Box No: 4590383**

5FT 10ins tall slim black female, fun, romantic, likes being spoilt, seeking male, 48 plus with similar interest reading, writing, gardening, theatre. **Text Only Box No: 0906 500 3656 Box No: 416243**

JANET, new to area, mid 40's loves to chat and gossip with interesting men. **Text Only Box No: 4646626**

JACKIE 32, attractive professional, very smart and feminine, long brown hair, seeks smart, confident, older male who knows how to treat a lady. **Text Only Box No: 0906 500 3656 Box No: 415827**

LISA attractive petite Filipino female, very lonely, wanting to find love, companionship and to be happy, looking for friendship and more. **Text Only Box No: 0906 500 3656 Box No: 416297**

SIMON, caring widower, 57 seeks single lady who must be genuine. **Text Only Box No: 4646632**

ANDY divorced, 70, active, alert, solvent, good listener, seeks female. **Text Only Box No: 0906 500 3656 Box No: 416463**

MID 60's loving, caring, easy going male, likes cooking, travel, countryside, seeks faithful black female, 40-60's, size/looks irrelevant. I am HIV. **Text Only Box No: 0906 500 3656 Box No: 416547**

RICHARD, 36yrs, recently widowed with young daughter, seeks motherly lady for committed relationship. **Text Only Box No: 4590838**

STEWART looking to meet Natasha who we met in the Star and Garter on 13/12/14, please call. **Text Only Box No: 0906 500 3656 Box No: 415773**

DAVID, 68, N/S, everything in working order, seeks caring lady, 60-70 for stay at home friend, fun and maybe more. **Text Only Box No: 0906 500 3656 Box No: 416563**

MARK 50, single dad, looking for female, 40-50 for friendship and LTR. **Text Only Box No: 0906 500 3656 Box No: 416115**

ACTIVE honest, reliable, loyal, N/S male, 70, varied interests, seeks simili, positive, 60's lady for friendship and more. **Text Only Box No: 0906 500 3656 Box No: 415931**

WIDOW 60's, nice, meals out, walks, cooking, seeking nice gent to be with, 63-73 for friendship and who knows. **Text Only Box No: 0906 500 3656 Box No: 415789**

STEWART looking to meet Natasha who we met in the Star and Garter on 13/12/14, please call. **Text Only Box No: 0906 500 3656 Box No: 415773**

ESSEX based retired male, 5ft 11ins, handsome grey spiky hair, fun loving, seeks female. **Text Only Box No: 0906 500 3656 Box No: 415725**

TROY 39, 6ft 1ins, muscular, seeking female for fun times. **Text Only Box No: 0906 500 3656 Box No: 415693**

BUILDER 45, tall, good looking, kind, considerate, easy going seeks female. **Text Only Box No: 0906 500 3656 Box No: 415315**

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<p

Skiing

Soldier in Afghanistan a winter ski warrior

Captain Jack swaps ground support for the slaloms

by Alan Scott

alan.scott@hertsessexnews.co.uk

AN army officer from Old Harlow, who provides support for ground soldiers in Afghanistan, has proved to be a winter warrior after swapping guns for skis.

Captain Jack Barnes (26), of the Life Guards, the Household Cavalry Regiment based in Windsor, was part of the Army crest team which came a narrow second to the Navy in an Inter-Services competition in St Moritz.

He also secured victory with his team in the Cresta Run, a bobsleigh run, in St Moritz, Switzerland at the Army Championships.

Captain Barnes has certainly got a taste for bobsleigh having competed in the Championships over the last three years, and now plans to switch across from skiing to focus on the team event next year.

Speeds of up to 70mph

He competed in the French Alps against 148 other Army personnel in the alpine skiing section in January, where competitors can reach speeds of up to 70 miles per hour down giant slaloms.

Captain Barnes completed a busy winter by playing scrum-half in the world's highest game of rugby played at an altitude of 5164 metres above sea level in Gorakshay, located in the Himalayas.

Captain Barnes was deployed on operations in Afghanistan where he was employed as a forward air controller, which involved giving target information to aircraft in order to support soldiers on the ground.

But his taste for winter sports has grown from his younger days when he was a student at Bishop's Stortford College and first started practising at the now defunct ski slope in Harlow, off Hammarskjold Road near Harlow Town FC's old stadium, which is now a hous-



SOLDIERING ON: Captain Jack Barnes and (right) in action on the slope

ing estate.

He said: "I had my first ever lessons on the old Harlow dry ski slope before I went on real snow in Italy and France.

"I first started skiing when I was at school aged 10. I have mostly just done it for fun.

"This year was the first time I had tried alpine racing but I would quite like to try nordic skiing at some point in my military career.

"I made the Army cresta run [bobsleigh] team at the end of January and will probably concentrate on that next season rather than skiing because I can compete at a higher level in that winter sport."

When asked what he thought alpine skiing brought to the

Army, Captain Barnes explained: "I have a team of complete novice soldiers who are having to very bravely launch themselves down some pretty steep slopes, whilst charged with adrenaline, which can be likened to the feeling some of the guys go through while on ops [operations]."

Heart of the French Alps

It was the 21st year the Army Championships in January. It was held at Les Contamines in the heart of the French Alps and almost 400 soldiers competed.

Captain Barnes said: "I hope to go on to the Army finals next year, where the competition is a lot tougher and the slopes are a bit more scary."

As well as honing teamwork

and leadership skills, all winter sports competitors display high levels of fitness and endurance when they tackle the nordic and alpine disciplines.

Captain Barnes explained: "Adventurous training opportunities like these are very important.

"It places us well outside our comfort zone, tests our physical and mental strength and develops us as people."

Captain Barnes' love of winter sports is clear.

"The thrill is trying to ski as quickly and closely as possible to the gates without catching your skis on the wrong side of them and taking a tumble," he said.

"Working up to the faster events, like downhill, the excite-

ment comes from having the nerve to go faster and faster and therefore gaining more air over jumps and gathering a heck of a lot more speed and therefore momentum that could hurt you considerably more than normal if you were to catch an edge and crash out.

"In downhill, the sound of wind becomes deafening and everything flies past so quickly that you have to look, or anticipate if you can't see it, much further ahead than normal."

"Towards the end of all four disciplines (slalom, giant slalom, super giant slalom, downhill) the lactic acid build up in the legs can be uncomfortable if it wasn't for the adrenaline rush that counters it."



Duo named in Essex squad after trial joy

Gymnastics

TWO members of Harlow Gymnastics Club have been selected for the Essex county squad.

Ten-year-old gymnasts Sadie Jessey and Lois Hale were chosen.

The gymnasts were invited to trial at an event at Havering Gymnastics Club in London last month.

They were picked from talented gymnasts from all the top flight gymnastics clubs in Essex.

Two other gymnasts from the club: Brodie Keown (9) and Ruby Still (8), were chosen as county reserves.

Heather Cannon (10) has also been invited to try out for the county squad at a later date.

Club co-owner Gordon Mitchell was delighted that the gymnasts had been selected and hopes they can now progress to represent the club at regional level. "The gymnasts will train with the elite county squad with high level coaches and will have the opportunity to be selected to represent Essex in future regional competitions," he added.



MAKING PROGRESS: (From left) Ruby Still, Brodie Keown, Lois Hale, Sadie Jessey

Hockey

Goals on the menu as side finish strongly

Essex Women's Hockey League, Premier Division

Harlow	5
Wapping IV	0

CLINICAL finishing was the key as Harlow surpassed the 40-goal barrier for the season.

Harlow crushed Wapping fourths 5-0 at Leventhorpe and went above their opponents in the Essex Women's Hockey League Premier Division table.

The hosts had a strong start to the game with impressive link-up play between Bethan Price, Emma Tweddle and Sandra Turner.

Harlow went ahead when a cross from Tweddle fell to Georgie Smith's stick, allowing her to slot it smoothly past the keeper.

Wapping responded to the goal by attacking sharply, resulting in Petra Trimble, Anita Sherman and Alex Figg defending well.

Harlow dug in and went 2-0 up when Anna Fernandinho fired a powerful shot into the bottom left corner.

Wapping battled back earning themselves two short corners in quick succession, but Laura Hay was on top form covering her goal with superb saves.

Harlow made it 3-0 when Tweddle dribbled past two defenders and fed Steff Hawes who found the right of the backboard.

Tweddle's outstanding pass went straight to the reverse of Hawes' stick, and she used her pace to go one on one with the keeper before smashing the ball home for Harlow's fourth goal.

Harlow's scoring streak continued as up-and-coming player Tanishka Naidoo connected with the ball on the edge of the D and rifled home superbly to complete a comprehensive win.

Battle for top seven goes down to wire

East Men's Hockey League Division Six South East

Clacton II	4
Harlow	1

THE battle to finish in the top seven in Division Six South East will go down to the wire.

Harlow, currently in eighth place, host Old Southendian fourths on Saturday at Leventhorpe School in their final match.

If Harlow can make home advantage pay they will leapfrog their opponents and finish outside the bottom five, ending their season on a high.

Harlow went down to a heavy defeat at mid-table Clacton last Saturday.

The home side, who had converted four of their chances to open up a healthy lead, could have increased the scoreline with a penalty flick but Harlow keeper Adam Johnson produced a fantastic save diving to his left.

Harlow did score a consolation goal courtesy of Rhys Mace after a quick change to their usual short corner routine caught the home side off guard.

HARLOW: A. Johnson, Cox, Adams, Greenall, K. Johnson, Mace, Hagger, Light, Munro, Gorringe, Castillo.

Athletics**English debut joy for runners at Blackburn**

THREE Harlow Athletic Club youngsters made the long journey to compete at the English Schools Cross Country Championships on Saturday in Blackburn, Lancashire.

The club's athletes had qualified for the championships after being selected from performances in their own respective county championships.

In the junior girls' 3.2km race, Lottie Rowedder, representing Herts Schools, competed in her first English Schools.

She finished in 150th place in 12min 52sec from 345 finishers.

In the junior boys' 3.6km event, it was a tough day for Lewis Harknett (Essex Schools) who bravely finished in 133rd place in 13:12 from 341 finishers, while battling with illness.

The Essex boys team finished in fifth place from 44 teams.

In the intermediate girls' 3.6km, Rebecca Veers (Herts Schools) was also making her debut at the English Schools Championships.

She finished in 225th place in 15:03 from 339 runners.

Essex and Harlow AC coach Paul Bailey said: "I'm really proud of our athletes competing for their county schools teams at these championships."

"The standard is always really high and it's a great achievement to even be selected to compete there."

"The unusually short course didn't suit our athletes but they still competed with distinction."

Quartet race at UK counties

A QUARTET of Harlow Athletic Club members competed at the 2015 UK Inter Counties Cross Country Championships at Coton Park in Birmingham.

In the U13 boys' race, Kai Boggon (Cambs) completed the 3km course in 13min 49sec, finishing in 219th place from more than 300 finishers.

In the U15 girls' event, Lottie Rowedder (Herts) completed the 4.5km course in 21:22, finishing in 169th place from more than 300 finishers.

Lewis Harknett (Essex) raced in the U15 boys' 4.5km race, clocking 19:26 for 173rd out of more than 300 runners.

In the U17 girls' category, Rebecca Veers (Herts) completed the 5km course in 24:51 finished in 167th place from over 273 finishers.

Fox snares fastest lap

KART racer Harrison Fox competed in the second round of the Hoddesdon Kart Club Championship at Rye House Kart Raceway.

In the Honda Cadet stream, speedy Fox was just behind winner Josh Steed (St Albans) in an extremely competitive race.

Fox lost in the final by 11/100ths of a second, but ran away with the fastest lap title.

A tenth of a second later, Harrison Lambert (Nazzeing) came in third.

The next meeting is on April 5 when the club stages the Josh O'Malley Memorial meeting.

Dawn must rise above Germans to triumph

Athlete eyes medal as she gears up for major champs

by Alan Scott

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ATHLETE Dawn Jones will need to beat the Germans if she is to medal at this summer's World Masters Championships in Lyon.

The Harlow Athletic Club athlete, who previously won bronze in the World Indoors Masters triple jump in 2006 (35 age group), is now firmly focused on the heptathlon as she moves into the outdoor season.

The 45-year-old has only just stepped up to the 45 age group, so has age on her side as she targets a top three spot.

Sawbridgeworth-based Jones, who won a gold (triple jump) and silver (400m) at the British Indoor Masters Championships 12 days ago, decided against competing at the European Indoor Championships, as she wants to be in prime condition for the summer season when she competes in the World Masters Championships in the South of France in August.

Budapest

Her favoured event is the triple jump, but after success at the World Masters Championships in Budapest, Hungary last year, she decided to switch to the heptathlon.

She originally competed in the heptathlon nearly 30 years ago when she was 17, but has now decided to return to the multi-event full-time and has been working hard with Harlow AC coach Nat Fisher and throwing specialist Eleanor Moss.

"Last year I decided to give it [the heptathlon] another go," she told the Star. "I am strong on my jumps and on my sprints, but I'm not so good with my throwing. My main coach is Nat Fisher and I have been working with Eleanor Moss."

"I have a distinct advantage over a lot of the athletes [that will compete at the World Masters] because of my age [she has only just turned 45]. I have an outside chance of a medal. But without a question I will have to improve



AGE NO BARRIER: Harlow's Dawn Jones takes a break from her training at Mark Hall Sportscentre on Tuesday

Photo by Vicki Linke

my throwing events.

"The Germans are very strong [in heptathlon at the 45 age group]."

Jones has stepped down from her coaching duties at the Mark Hall Sportscentre-based club to focus on winning a medal at the

World Masters Championships.

"I am concentrating very much on my training."

But she will still captain the Harlow AC team in their Southern Women's League campaign when the season starts in April.

Her build-up to the big event in

the South of France will start in earnest on June 21, when she competes in the British Pentathlon Masters Championships in Oxford, giving her a taste of multi-eventing against a strong field.

She will then turn her attention to the British Masters Champi-

onships in Birmingham. This competition is on July 25-26.

Jones will then start the countdown to the World Masters, which runs from August 4-16.

It will be the sixth time that she has represented Great Britain at the World Championships.

Special year as running club celebrates 25th awards night

IT was a very special presentation evening for Harlow Running Club this year.

The Mark Hall Sportscentre-based club held its 25th anniversary awards night for 2014 at Harlow Town FC.

The women's senior prize went to Sharon Wright.

The men's senior award went to Daniel Jephcott.

Other prizes went to: women's V35 (age 35 category): Vicki Calver; men's V40: Jamie Jephcott; women's V45: Debbie Barry; men's V50: Robin Lozeau; women's V55: Paulene Galloppi; men's V60: Colin Moody; most improved female new member: Jane Evans; most improved male new member: Brendon Maclean;

most improved female: Debbie Smith; most improved male: Peter Brewin; female road runner: Louise Tankard; male road runner: Daniel Jephcott; female cross country runner: Paula Reynolds; male cross country runner: Rob Lowe; most consistent female: Debbie Barry; most consistent male: Jamie Jephcott; ultra runner: Gary Godfrey; women's handicap: Vicki Calver; men's handicap: Robin Lozeau; women's championship runner-up: Julia Gardiner; men's championship runner-up: John Tennant; women's championship: Janice Page; men's championship: Steve Murtagh; club person of the year: Matthew Jones.



SPECIAL NIGHT: Members of Harlow Running Club with their trophies

Ladies defeat neighbours Chelmsford in derby thriller

Rugby

THE points were taken by Harlow Ladies as they edged out close neighbours Chelmsford in a typically intense affair.

The Rams came out of the blocks with passion, determined to avenge their defeat in the corresponding game in RFU National Challenge South East North Division One, and were camped themselves in the

visitors' 22.

Harlow took an early lead when Anne-Marie Rand jumped well at a line-out.

From a driving maul Leah Dixon found space on the blind side to dive for the line.

Chelmsford fought back and levelled the scores when their scrum-half sprinted through gaps in the home defence and touched down.

Stung, Harlow regained the lead after winning a penalty. From line-out ball the hosts

put into gear their effective driving maul enabling Dixon to force her way over the line as the Rams led 10-5 at the break.

Chelmsford hit back early in the second half as they out-paced the home defensive line to score their second try making it 10-10.

Harlow debutant Laura Morton, playing at outside centre, found space to score the hosts' third try.

Chelmsford never gave up but Harlow battled well to grind out the victory.

Harlow are at home to Southwold on Sunday in their penultimate league game of the season.

HARLOW LADIES: Colbert, Hunter, Wooller, Rand, Blake, Dixon, Smith, Mills, Hancock, Bryant, Steel, Morton, Sturman, Stewart, Shambrook, Stoneman.

■ **HARLOW** Rugby Club players Rosie Bennett and Katie Boggs made appearances for county and divisional teams last weekend.

Rosie played under floodlights

at Romford & Gidea Park RFC on Friday in the Essex Girls' U15 squad.

Essex convincingly won 22-0 over a touring Canadian team.

Katie was in the starting line-up as hooker for the London & South East divisional squad in their first game of the season against the North side on Sunday.

In a very tight game, Katie was held up twice over the line but London & SE came away with a 17-12 win.

Running

Moody happy with Essex joy

COLIN MOODY secured a silver medal at the Essex 20-Mile Cross Country Championships after a fantastic performance.

Held over a hilly three-lap course at Langham near Colchester, Harlow Running Club member Moody was 151st out of 423 finishers in a superb 2hr 38min 37sec to finish second in the veteran 60 age group.

First to finish was Jamie Jephcott in 59th place in a personal best (PB) time for the distance of 2:18:06.

He was followed home by Sharon Wright, 123rd in an excellent 2:32:54 in her debut at the distance; Adrian Fell, 144th in 2:37:43 (debut); Sean Flynn, 196th in 2:46:16; Lyndsey Hodge, 239th in 2:55:40 (PB); Debbie Smith, 283rd in 3:03:41 (debut); and Michelle Aitken, 329th in 3:12:16 (debut).

Meanwhile, at the Adidas Silverstone Half Marathon, run on the historic motor racing circuit and organised by the team responsible for the Virgin London Marathon, five HRC runners completed the course.

Louise Tankard was 997th out of 6656 finishers in a superb 1:41:00 in her debut at the distance.

She was followed by Jim Bates, 1591st and first veteran 70 in an excellent 1:46:13. This broke the HRC Vet 70 record and was his debut at the distance.

Other results were: Matt Jones 2282nd in 1:52:19; Robin Lozeau 2586th in 1:54:52 and Derek Seymour 3066th and third Vet 70 in 1:57:55.

At the Dentdale Run, a hilly 14 mile multi-terrain race on the Cumbria/Yorkshire border, Daniel Jephcott was 174th out of 447 and third U20 in 1:54:10.

Roy Steven was 24th in the Harlow parkrun 5K (154 finishers) and 1st V60 in 23:06. He was followed by Justin Patten (34th 24:22), Katherine Fennelly (38th 24:38), Terry Pike (56th 26:34), Louise Kedge (57th 27:05), Alan Wellbelove (58th 26:56 PB) and Louise Cootes (59th 27:05).

At the Gunpowder parkrun 5K at Waltham Abbey, Janice Page was 48th out of 128 finishers and second Lady Vet 50 in 24:52. She was followed by her husband Dave (55th 25:49).

At the Richmond parkrun 5K in Surrey, Richard Solomons was 29th out of 302 finishers and first veteran 60 in 21:09.

Results

HARLOW & DISTRICT FOOTBALL LEAGUE: DIV TWO CUP FINAL: Ashfield Albion 0, Parslow Ath 3 (Gavin Cockman 2, Chris Bullock).

PREM: FC Circunta 3 (Marty Beard, Rob Campbell, Harrison Tweddell), Old Town 1; Riseden Wood 2 (Liam Kennedy, Keiran Sudden), FC 2; Maiden 10 (Anthony James 4, Ant Collier 2, Michael Kennedy 2, Steve Robbins, Sam Crichton), Lindsey St 1 (Maiden are Premier Division winners).

DIV ONE: FC Flare 1 (Shane Crook), Harberts 1; Harlow Mapleton 3, Old Town Res 3.

DIV THREE: Frontiers Res 8, Harberts A 0; Riseden Wood, (A) 5 (Jamie Blackman, Dan Goddileman, Jamie Stock, Adam Weymouth, Peter Yarnold); Brays Ath 0.

LEAGUE PLATE SEMI-FINAL: Maypole Sports 3 (Bogdan Stanciu, Jake White, Dan Wright), Brays Ath Res 1; Three Shoes 1, Sheering Saints 1 (Three Shoes won 3-2 on pens).

League Plate final Sun April 26: Maypole Sports v Three Shoes at Harlow Arena (4pm KO).

TEN PIN BOWLING RESULTS:- Senior Rollers League: Jacqui Dixon 145, 154.

Wednesday Doubles League: Marc Wainwright 214 game and a 587 series (Marc and team mate Dale Hunter now top the league having beaten the 'Men' team who had been top).

Youth Bowling Club: Ella Braby (7) rolled her best game of the season for the second weekend in a row. Her third game was 67. Charlie Collier also scored his highest game to date with a 138.

Boss ready to swoop on Southend defender

Hawks make move for youngster after Dereham win



League table

		Ryman North							
		P	W	D	L	F	A	GD	Pts
Needham	39	30	2	7	88	36	52	92	
Harlow Tn	39	26	9	4	93	50	43	87	1
Sudbury	39	24	5	10	71	42	29	77	
Brentwood	39	21	9	8	67	51	16	72	
Wrotham	39	22	5	11	86	47	39	71	
Thurrock	39	20	7	11	83	46	37	67	
Dereham	39	21	4	14	72	57	15	67	
Brightlingsea	39	19	7	12	68	45	23	64	
Ware	39	15	14	10	68	49	19	59	
Aveley	38	17	6	15	64	63	1	57	
Soham	38	16	5	17	64	72	8	53	
Tilbury	38	14	8	16	49	61	12	50	
W. Abbey	36	13	10	13	68	62	4	49	
Heybridge	39	13	10	16	60	70	-10	49	
Thamesmead	39	13	9	17	53	58	-5	48	
Mal & Tip	39	12	8	19	53	68	-15	44	
Cheshunt	39	10	12	17	55	71	-16	42	
Gt Wakering	37	11	8	18	66	74	-8	41	
Redbridge	38	12	5	21	59	85	-26	41	
Chatham	39	10	10	19	44	60	-16	40	
Romford	37	9	8	20	52	78	-26	35	
Barking	36	9	7	20	46	78	-32	34	
Cray	37	5	10	22	49	81	-32	25	
Burnham	39	4	6	29	45	119	-74	18	

VITAL GOAL: Billy Jones (left) scored the only goal to seal three crucial points for Harlow Town at Dereham Town on Saturday

Photo by Melissa Page

Leopards close in on NBL title

LEOPARDS will look to continue their push for the NBL Division One title with a double-header this weekend.

The Big Cats travel to Newham Neptunes on Saturday before Worthing Thunder are the visitors to the Brentwood Centre on Sunday, tip-off 4pm.

The Big Cats will be looking to complete a clean sweep against the London side on Saturday, having beaten them 96-68 at Harlow in the National Trophy and 83-53 at Brentwood in the league.

Robert Youngblood's team

moved another step closer to the league title on Sunday with a thrilling 63-60 victory against fourth-placed Derby Trailblazers.

The Big Cats did it the hard way, coming back from a 14-point deficit in the second period to all but end Derby's title hopes.

Albert Margai led the Big Cats with 20 points, six rebounds and three assists, while Richards had three first-period triples on the way to 14 points and seven rebounds.

Ladi Brown and Courtney Van Beest finished with eight points.

Margai and Richards twice started the three-point display as Leopards raced into a 9-4 lead, but that proved to be as good as it got in the first half as a pair of 7-0 runs from the visitors saw them go into the first break 21-15 ahead.

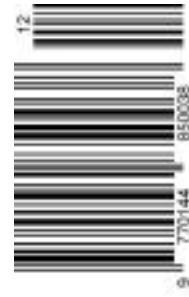
Derby finished the second quarter stronger to lead 39-32 at half-time.

The visitors tied the game at 49 heading into the final break.

Brown and Margai shone in the final quarter to put Leopards ahead before Ashby sealed the victory.



KING ALBERT: Albert Margai in action against Derby



Soldier in **Afghanistan** a winter ski
warrior

Page 45

Dawn must **rise** above the
Germans to triumph

Page 46

SKIPPER READY FOR A TITLE TILT

Shaun no longer sheepish as Rams eye strong finale

by Alan Scott

alan.scott@hertessexnews.co.uk
SKIPPER Shaun Roberts is determined his Rams side build momentum for a shot at the London Division Three North East title next season – by winning their last three matches this term.

Harlow host second-placed West Norfolk on Saturday, and Roberts says the Essex side are determined to maintain their brilliant home record – and are desperate to avenge their heavy 42-15 loss in the reverse fixture.

The Rams need two more wins to beat their Division Three North East record. They have never previously won more than 13 matches in a season since dropping into the third tier more than five years ago.

Roberts knows the Rams have made huge progress this term and wants a title tilt next campaign.

He said: "This is our fourth season in this league. The most matches we have won is 13 and we are looking to surpass that; if we can, and build some momentum for a title challenge next season."

West Norfolk are set to miss out on the title to a Sudbury side coached by former Rams chief Graham Richards, but Roberts is adamant the second-placed side were the best team they have played this season.

Harlow can take confidence from the 12-12 draw with unbeaten table-toppers Sudbury last month. "We were disappointed not to beat Sudbury. They are where they are because of what they have done. But in one-off games we have done better against Sudbury and Cantabs," Roberts said.

After Saturday's home clash with West Norfolk, Harlow wrap up their campaign with a trip to

mid-table Stowmarket (March 28) before a home game against relegated bottom club Clacton (April 11). "We want to win our last three games," enthused Roberts.

If Harlow beat West Norfolk it would hand Sudbury the title.

Roberts wants to preserve Harlow's fantastic record at Rams Gorse this season. They have only lost one game, a heartbreaking 22-21 defeat against Lowestoft & Yarmouth on November 22. "We were gutted to lose our home record," bemoaned Roberts.

"When we went away to West Norfolk they were the best side we have played all season – and that includes Sudbury and Cantabs."

The skipper knows the ingredients Harlow need to put together to defeat the King's Lynn club.

Tighten up

"We just really need to tighten up our defence. They have a fluid back line and that's where they caused us problems before. They had so much possession."

"They were very, very clinical. If you give them a chance they will score from anywhere. We need as low an error rate as possible and make sure we take our chances."

"We are at home and full of confidence. We are not far off being at full strength. There is competition for places."

"Overall the attitude of the boys since we lost away to West Norfolk [on December 6] has been brilliant. We were good in the first half [at West Norfolk] but did not see the game out. We had the odd blip against Cantabs and injuries have cost us momentum, but we have lost only one game since early December."

Second row forward John Unwin and wing Will Grimley are back. They missed Harlow's last game – a thrilling 25-24 win at Lowestoft & Yarmouth 12 days ago.



ON THE CHARGE:
Rams skipper
Shaun Roberts in
action against
champions-elect
Sudbury earlier this
year Photo by Kerigh Palmer

Rams beat Chelmsford in derby – 47

The Harlow Arena

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For More Information
Contact Sam on 01279 443196
Or Email sam_robshaw@hotmail.com

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